

Mamboleo

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Penny Tan (MY) - December 2014
音樂: Mamboleo 2008 - Loona



Intro: 32 counts

SEC1:FWD MAMBO RIGHT, BACK MAMBO LEFT,SIDE ROCK ,FWD SHUFFLE

1&2 Rock R fwd , recover L on L , step R beside L
3&4 Rock L back , recover R on R , step L beside R
5-6 Rock R on R , recover L on L
7&8 Fwd shuffle R-L-R

SEC2:FWD MAMBO LEFT, BACK MAMBO RIGHT,SIDE ROCK CROSS SHUFFLE

1&2 Rock L fwd, recover R on R, step L beside R
3&4 Rock R back, recover L on L, step R beside L
5-6 Rock L on L , recover R on R
7&8 Cross L over R , step R on R , cross L over R

SEC3:SIDE ,BEHIND,SIDE, 1/4 TURN FWD SHUFFLE,FWD MAMBO LEFT,BACK MAMBO RIGHT

1-2 Step R to R , cross L behind R
3&4 1/4 turn R , fwd shuffle R-L-R (3.00)
5&6 Rock L fwd, recover R on R, step L beside R
7&8 Rock R back , recover L on L , step R beside L

SEC4:FWD STEP,1/4 TURN R CROSS SHUFFLE, SIDE ROCK,BACK ROCK

1-2 Step L fwd, turn 1/4 right step on R (6.00)
3&4 Cross L over R , step R on R, cross L over R
5-6 Rock R to R side , recover L on L
7-8 Rock R back , recover L on L

***Restart here on wall 4 , wall 7**

SEC5:SIDE MAMBO,SIDE MAMBO,FWD MAMBO,BACK MAMBO

1&2 Rock R side, recover L on L , step R beside L
3&4 Rock L side , recover R on R, step L beside R
5&6 Rock R fwd , recover L on L , step R beside L
7&8 Rock L back , recover R on R , step L beside R

SEC6:DIAGONAL FWD LOCK CHA CHA,1/2 TURN L FLICK,DIAGONAL LOCK CHA CHA ,HOLD

1&2& Diagonal step R fwd , lock L behind R, step R fwd ,lock L behind R (7.30)
3&4& Diagonal step R fwd,lock L behind R, step R fwd 1/2 turn L with flick L
5&6& Diagonal step L fwd , lock R behind L , step L fwd , lock R behind L (1.30)
7-8 Diagonal step L fwd ,hold

SEC7:CROSS ,SIDE, BEHIND ,SIDE,CROSS SIDE ,BEHIND, SIDE

1&2 Cross R over L , recover L on L ,step R on R (3.00)
3&4 Cross L behind R ,recover R on R , step L on L
5&6 Cross R over L , recover L on L ,step R on R
7&8 Cross L behind R ,recover R on R , step L on L

SEC8:KICK BALL TOUCH , KICK BALL TOUCH,1/4 TURN R JAZZ BOX

1&2 Kick R fwd , step R on R , touch L on L
3&4 Kick L fwd , step L on L , touch R on R
5-6 Cross R over L ,1/4 turn R , step L on L
7&8 Step R on R , cross L over R (6.00)

***Restart here on wall 2**

TAG1:End of wall 1

1-2 Touch R beside L ,hold

TAG2:After 32 counts on wall 3

1-2 Touch R beside L ,hold

TAG3:After 32 counts on wall 6

1-2-3-4 Touch R beside L ,hold 3 count

Ending: Dance until wall 8 after 32 counts ,facing 12 o'clock

Happy Dancing !

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Last Update – 10th Dec 2014
