

# Molina

拍數: 32      牆數: 4      級數: Improver  
編舞者: Roosamekto Mamek (INA) - December 2014  
音樂: Molina by Creedence Clearewater Revival (CCR)



Intro: 16 count

## WALK FORWARD L-R, SIDE CHASSE, WALK BACK R-L, SIDE CHASSE

1-2            Step L forward – Step R forward  
3&4           Step L to side – Step R together – Step L to side  
5-6           Step R back – Step L back  
7&8           Step R to side – Step L together – Step R to side

## CROSS, POINT, JAZZ BOX CROSS TURN 1/4 LEFT

1-2            Cross L over R – Touch R to side  
3-4            Cross R over L – Touch L to side  
5-6            Cross L over R – Step R back  
7-8            Turn 1/4 left step L to side – Cross R over L

## LEFT LINDY, SIDE CHASSE, SIDE CHASSE WITH A 1/4 TURN LEFT

1&2           Step L to side – Step R together – Step L to side  
3-4           Step R back – Recover on L  
5&6           Step R to side – Step L together – Step R to side  
7&8           Turn 1/4 left step L to side – Step R together – Step L to side

## CROSS, POINT, ROCK, RECOVER, FORWARD SHUFFLE WITH A 1/4 TURN RIGHT

1-2            Cross R over L – Touch L to side  
3-4            Cross L over R – Touch R to side  
5-6            Rock/cross R over L – Recover on L  
7&8            Turn 1/4 right step R forward – Step L together – Step R forward

## REPEAT

**TAG: At the end of wall 1 (Facing 09:00), 2 (Facing 06:00) & 5 (Facing 09:00) do this 16 count TAG.  
V STEP WITH HOLD**

&1-4           Step L diagonally forward – Step R diagonally forward – Hold for 3 count  
&5-8           Step L back to center – Step R beside L – Hold for 3 count

## LINDY LEFT & RIGHT

1&2           Step L to side – Step R together – Step L to side  
3-4           Step R back – Recover on L  
5&6           Step R to side – Step L together – Step R to side  
7-8           Step L back – Recover on R

For Song & Step Sheet please contact: [Roosamekto.Nugroho@gmail.com](mailto:Roosamekto.Nugroho@gmail.com)