

# One Hell Of A Ball

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32                      牆數: 4                      級數: Beginner  
編舞者: Ivonne Verhagen (NL) - December 2014  
音樂: One Hell of a Ball - Simon Burridge



Dance starts on vocals

## KICK FORWARD, KICK SIDE, TRIPLE STEP, KICK FORWARD, KICK SIDE, TRIPLE STEP

1,2                      RF kick forward, RF kick side,  
3&4                      RF step in place, LF step in place, RF step in place  
5,6                      LF kick forward, LF kick side,  
7&8                      LF step in place, RF step in place, LF step in place

## KICK BALL CHANGE, KICK BALL CHANGE, ROCK STEP, STEP IN PLACE, STEP IN PLACE

1&2                      RF kick forward, RF step RF in place, LF step in place  
3&4                      RF kick forward, RF step RF in place, LF step in place  
5-6                      RF rock forward, LF weight back on LF  
7-8                      RF step in place, LF step in place

## SIDE ROCK STEP, TRIPLE IN PLACE, SIDE ROCK STEP, TRIPLE IN PLACE

1-2                      RF rock side, weight back on LF  
3&4                      RF step in place, LF step in place, RF step in place  
5-6                      LF rock side, weight back on RF  
7&8                      LF step in place, RF step in place, LF step in place

## PADDLE 1/8, PADDLE 1/8, JAZZ BOX

1-2                      RF step forward, 1/8 turn left  
3-4                      RF step forward, 1/8 turn left  
5-6                      RF cross over LF, LF step back  
7-8                      RF step side, LF step close to RF

Have fun!!

Contact:-

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