

# ABlast

COPPER KNOB  
BY STEPHEN

拍數: 24      牆數: 2      級數: Absolute Beginner  
編舞者: Ross Brown (ENG) - December 2014  
音樂: Last Call (Radio Edit) (feat. Kat DeLuna) - The Bello Boys : (Album: Last Call - EP)



Intro : □ 16 Counts (Approx. 8 Secs)

Note : □ The dance can be pronounced as “A Blast” or “A B Last”.

**VINE LEFT with TOUCH. VINE RIGHT with TOUCH.**

- 1 – 2            Step left to the left, cross step right behind left.
- 3 – 4            Step left to the left, touch right next to left.
- 5 – 6            Step right to the right, cross step left behind right.
- 7 – 8            Step right to the right, touch left next to right. (12 O’CLOCK)

Alternative : Beginner and Improver dancers may want to change Counts [5 – 8] to a ROLLING VINE FULL TURN RIGHT.

**SIDE, TOUCH. HEEL TWIST ¼ TURN R, KICK. SLOW COASTER STEP. KICK.**

- 1 – 2            Step left to the left, touch right next to left.
- 3 – 4            Make a ¼ turn right twisting both heels to the left, kick right foot forward.
- 5 – 6 – 7        Step back with right, step left next to right, step forward with right.
- 8                Kick left foot forward. (3 O’CLOCK)

Arms / Hands : □ On Count 4, you can push both hands into the air.

**WALK BACK. HITCH. WALK FORWARD. SCUFF ¼ TURN R.**

- 1 – 2 – 3        Walk back; left, right, left.
- 4                Hitch right knee up.
- 5 – 6 – 7        Walk forward; right, left, right.
- 8                Make a ¼ turn right scuffing left foot forward. (6 O’CLOCK)

**END OF DANCE!**

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