

Lip Service

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jonno Liberman (USA) & Alix Liberman (USA) - December 2014
音樂: Lips Are Movin - Meghan Trainor



Dance begins after 32 counts.

[1-8] Triple Step, Triple Step, Side Rock, Recover, Kick, Ball, Step (12:00)

1&2 Step R forward, Step L together, Step R forward
3&4 Step L forward, Step R together, Step L forward
5, 6 Step R to right as you sway right, Recover weight to L as you sway left
7&8 Kick R forward, Step onto the ball of R, Step L forward

[9-16] Step R, Twist Right (9:00), Twist Left (12:00), Hitch R, Walk Back x3, Touch L (12:00)

1, 2 Step R forward, Twist 1/4 right on the ball of both feet with your body toward 12:00
3, 4 Twist 1/4 right on the ball of both feet, Hitch R
5, 6 Step R behind L, Step L behind R
7, 8 Step R behind L, Touch L slightly in front of R at 12:00

[17-24] Step L, 1/2 Turn , 1/2 Shuffle, Rock, Recover, Back, Back 1/4 Left (9:00)

1, 2 Step L, Step R 1/2 turn left
3&4 Step L 1/2 turn left, Step R together, Step L forward
5, 6 Rock forward onto R, Recover back onto L
7, 8 Step back R, Step L back 1/4 turn left (9:00)

[25-32] Jazz Box, Out, Out, In, In (9:00)

1, 2 Cross R over L, Step L back
3, 4 Step R to right side, Step L forward
5, 6 Step R to right diagonal, Step L to left diagonal
7, 8 Step R back in place, Step L back in place

[33-40] Rock, Recover, Coaster Step, Step Scuff x2 (9:00)

1, 2 Rock forward onto R, Recover back onto L
3&4 Step R back, Step L next to R, Step R forward
5, 6 Step L forward, Scuff R (softly)
7, 8 Step R forward, Scuff L (softly)

[41-48] Walk w/Attitude x4, Step L, 1/4 Pivot Right, Cross, Hitch (12:00)

1, 2 Step L slightly in front of R, Step R forward slightly in front of L
3, 4 Step L slightly in front of R, Step R forward slightly in front of L
5, 6 Step L forward, Turn 1/4 right with weight finishing on R
7, 8 Cross L over R, Hitch R

[49-56] Cross, Touch, Cross, Touch, Cross Hitch, Side Rock, Recover, Cross (12:00)

1, 2 Cross R over L, Touch L to left side
3, 4 Cross L over R, Touch R to right side
5, 6 Hitch R toward left side, Rock R to right side
7, 8 Recover weight onto L, Cross R over L

[57-64] Rocking Chair, Step L, Hitch R w/ 1/2 Turn Left, Rock Back, Recover (6:00)

1, 2 Rock L forward, Recover weight onto R
3, 4 Rock L back, Recover weight onto R

5, 6 Step L forward, Hitch R with 1/2 turn left
7, 8 Rock R back, Recover weight onto L

TAG/RESTART - Wall 3 Variation and Restart:

Dance 32 counts and then begin again facing 12:00

1,2,3,4 Touch R forward, Step R forward, Touch L forward, Step L forward
5- 26 As written
27 Step R 1/4 to the right
28-32 As written.

Ending: The dance will end on count 29 – As you step your right foot out, look toward 6:00 and raise your hand up with palm facing toward 12:00 as if to say, “Talk to the hand.”

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