

Don't You Worry

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 2 級數: Easy Improver
編舞者: Rene & Reg Mileham (UK) - December 2014
音樂: Don't Worry - Newton : (CD: Sometimes When We Touch - 21 Tracks Special Edition)



#64 count intro(from heavy beat) - [136 bpm] Style : Pop/Easy Listening

This dance is not perfectly phased but goes well without any tags or restarts. It has a long

Introduction, but if you wanted to you could start the dance after 48 counts (from heavy beat).
Whichever suits you.

Section 1: Ronde, side, close, side, touch

1-2-3 Sweep Right round in $\frac{1}{2}$ circle.
4 Touch Right next to Left (weight on Left)
5 – 6 Step Right to side, close Left to Right
7 – 8 Step Right to side, touch Left to Right (weight on Right)

Section 2: Ronde, side, close, side, touch

1-2-3 Sweep Left round in $\frac{1}{2}$ circle..
4 Touch Left next to Right (weight on Right)
5 – 6 Step Left to side, close Right to Left
7 – 8 Step Left to side, touch Right to Left (weight on Left)

Section 3: Mambo forward, hold. Mambo back, hold.

1 – 2 Step Right forward, recover onto Left
3 – 4 Step Right next to Left, hold
5 – 6 Step Left back, recover onto Right
7 – 8 Step Left next to Right, hold

Section 4 Toe strut, toe strut with $\frac{1}{4}$ turn, toe strut, toe strut

1 – 2 Step Right toe forward, drop heel
3 – 4 Step Left toe back turning $\frac{1}{4}$ right, drop heel 3.00
5 – 6 Step Right toe to side, drop heel
7 – 8 Step Left toe next to right, drop heel

Section 5: Step, lock, step, touch. Repeat with Left

1-2-3-4 Step Right back, lock Left over Right, step Right back, touch Left next to Right
5-6-7-8 Step Left back, lock Right over Left, step Left back, touch Right next to Left

Section 6: Toe strut, toe strut with $\frac{1}{4}$ turn, toe strut, toe strut

1 – 2 Step Right toe forward, drop heel
3 – 4 Step Left toe back turning $\frac{1}{4}$ right, drop heel 6.00
5 – 6 Step Right toe to side, drop heel
7 – 8 Step Left toe next to right, drop heel

Section 7: Side, hold, rock back, recover. Rock forward, recover, rock back, recover

1 – 2 Step Right to side, hold
3 – 4 Rock Left back, recover onto Right
5 – 6 Rock Left forward, recover onto Right
7 – 8 Rock Left back, recover onto Right

Section 8: Side, hold, rock back, recover. Rock forward, recover, rock back, recover. □

- 1 – 2 Step Left to side, hold
- 3 – 4 Rock Right back, recover onto Left
- 5 – 6 Rock Right forward, recover onto Left
- 7 – 8 Rock Right back, recover onto Left

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