Listen To The Man



拍數: 64 編數: 2 級數: Easy Intermediate

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音樂: Listen to the Man - George Ezra



Intro: 16 counts.

Section 1: Side, Behind Side Cross, Side, Back Rock, Recover, Kick Ball Cross.

1-2 Step right foot to right side, Cross left foot behind right foot.

& 3-4 Step right foot to right side (&), Cross left foot in front of right foot, step right foot to right side.

5-6 Rock left foot back behind right, recover on to right foot.

7&8 Kick left foot diagonally forward to the left, step on to ball of left foot, cross right in front of left

foot.

Section 2: Side, Behind Side Cross, Side, Back Rock, Recover, Kick Ball Cross.

1-2 Step left foot to left side, Cross right foot behind left foot.

& 3-4 Step left foot to left side (&), Cross right foot in front of left foot, step left foot to left side.

5-6 Rock right foot back behind left, recover on to left foot.

7&8 Kick right foot diagonally forward to the right, step on to ball of right foot, cross left in front of

right foot.

Section 3: Monterey 1/4 Right, Monterey 1/4 Right Cross.

1-2 Point right toe to right side, step right foot beside left foot whilst making a 1/4 turn right.

3-4 Point left toe to left side, step left beside right.

5-6 Point right toe to right side, step right foot beside left foot whilst making a 1/4 turn right.

7-8 Point left toe to left side, cross left foot in front of right foot.

Section 4: Side Strut, Cross Strut, Right Chasse, Rock Back, Recover.

1-2 Step right toe to right side, step down on to right foot.3-4 Cross left toe in front of right foot, step down on left foot.

Step right foot to right side, close left foot beside right foot, step right foot to right side.

7-8 Rock left foot back behind right foot, recover onto right foot.

Section 5: Ball Cross Side, Behind side Cross, Left Chasse, Rock Back, Recover.

Step onto left foot (&), cross right foot in front of left foot, Step left foot to left side.

Step right foot behind left foot, step left foot to left side, cross right in front of left foot.

Step left foot to left side, close right foot beside left foot, step left foot to left side.

7-8 Rock right foot back behind left foot, recover on to left foot.

Section 6: Ball Cross Side, Behind side Cross, Right Chasse, Rock Back, Recover 1/4.

Step onto right foot (&), cross left foot in front of right foot, Step right foot to right side.

Step left foot behind right foot, step right foot to right side, cross left in front of right foot.

Step right foot to right side, close left foot beside right foot, step right foot to right side.

Rock left foot back behind right foot, recover on to right foot making a 1/4 turn to the left.

Section 7: Forward Toe Strut, 2x 1/2 Turning Toe Struts, Forward Toe Strut.

1-2 Step left toe forward, step down on to left foot.

3-4 Make a 1/2 turn to the left stepping right toe back, step down on right foot.
5-6 Make a 1/2 turn to the left stepping left toe forward, step down on to left foot.

7-8 Step right toe forward, step down on to right foot.

Section 8: Syncopated Rocks, Walk x2, Pivot 1/4, Cross.

^{**}Restart the dance after section 3 on wall 5**

1-2	Rock forward on to left foot, recover on to right foot
&3-4	Step left foot beside right foot (&), rock back on right foot, recover on to left foot.
5-6	Step forward on to right foot, step forward on to left foot.
7-8	Pivot a ¼ turn to the right, cross left foot in front of right foot

Tag Wall 2

On wall 2 dance the first 4 sections then dance then dance these 6 counts followed by a Restart. Ball Cross Side, Behind side Cross, Side, touch.

&1-2
Step onto left foot (&), cross right foot in front of left foot, Step left foot to left side.
Step right foot behind left foot, step left foot to left side, cross right in front of left foot.

5-6 Step left foot to left side, touch right foot beside left foot.

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