

Lips are Moving (Easy)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Upper Beginner
編舞者: Lu Olsen (AUS) - November 2014
音樂: Lips Are Movin - Meghan Trainor : (iTunes)



Choreographed to split floor for Upper Beginners with Intermediate Dance 'Lips are Moving'

Start dance on Main Vocals - Ver 1.00 - No Tags No Restarts. - Direction: Anti -Clockwise

[1 – 8] □ □ R Heel strut, Rock L, Replace, L Heel strut, Rock R, Replace

1, 2, 3, 4 R Heel fwd, Drop R Toe, Rock L to Left, Replace weight to R

5, 6, 7, 8 L Heel fwd, Drop L Toe, Rock R to Right, Replace weight to L [12.00]

[9 – 16] □ □ Fwd, Replace, Back, Cross, Back, ¼ fwd, Fwd, Fwd

1, 2, 3, 4, (Travelling back) Rock R fwd, Replace weight onto L, Step R back, Cross L over R

5, 6, 7, 8 Step R back, ¼ Left turn & step L slightly fwd, Step R fwd, Step L fwd [9.00]

[17 – 24] □ Step Fwd at Diag, Touch toe behind, Back, Kick at Diag, Behind, Side, Cross, Touch toe behind

1, 2, 3, 4, Step R fwd at R 45, Touch L toe behind R, Step L back, Kick R fwd at R 45

5, 6, 7, 8, Step R behind L, Step L to Left, Cross R over L, Touch L toe behind R, □ [9.00]

[25 – 32] □ Back, ¼ R fwd, Fwd, Hitch fwd, Back, ¼ L fwd, Prissy fwd, Prissy fwd

1, 2, 3, 4, Step L back, ¼ Right turn & Step R fwd, Step L fwd, Hitch R knee fwd, □ [12.00]

5, 6, Step R back, ¼ Left turn & Step L fwd, □ [9.00]

7, 8, Slightly fwd cross R over L, Slightly fwd cross L over R (option walk fwd R, L)

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