

Feed the Fetish (愛的回應) (zh)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate/Advanced
編舞者: Scott Blevins (USA) - 2008年02月
音樂: Feedback - Janet Jackson : (CD: Single)



前奏 : Start 16 counts after she first starts talking.

第一段

- 1-2 1-2) Walk forward R, L. 1)右走步 2)左走步
- 3&4 3) Make a 1/4 turn L while lifting R foot and bumping hips to R and up. &) Bump hips to center and L while touching R foot to R side; 4) Bump hips to R and down into a sit position and take weight on R foot. (C bump) (facing 9 O'clock)
3)左轉90度右足抬起向右上擺臀 &)右足右點向左回到中間擺臀
4)以坐姿擺臀右足踏重心在右足 (面向9點鐘)
- 5-6 5) Make a 1/4 turn L stepping forward on L foot; 6) Make a 1/2 turn L stepping back on R foot.
5)左轉90度左足前踏 6)左轉180度右足後踏
- 7&8 7) Make a 1/4 turn L stepping L foot to L side; &) Step R foot next to L foot; 8) Make a 1/4 turn L stepping forward on L foot. (facing 6 O'clock)
7)左轉90度左足左踏 &)右足併踏 8)左轉90度左足前踏(面向6點鐘)

第二段

- 1&2 1) Rock forward onto R foot; &) Recover weight to L foot; 2) Make a 1/4 turn R stepping R foot to R side.
1)右足前下沉 &)左足回復 2)右轉90度右足右踏
- 3-4 3) Step L foot across and in front of R foot; 4) Make a 1/4 turn L stepping back on R foot.
3)左足於右足前交叉踏 4)左轉90度右足後踏
- 5&6 5) Make a 1/2 turn L stepping forward on L foot; &) Make a 1/4 turn L stepping R foot a small step to R side; 6) Step L foot across and in front of R foot. (facing 9 O'clock)
5)左轉90度左足前踏 &)左轉90度右足右一小步
6)左足於右足前交叉踏(面向9點鐘)
- 7-8 7) Step R foot, a big step to R side; 8) Step L foot next to R foot.
7)右足右一大步 8)左足併踏

第三段

- 1-2 1) Step R foot across and in front of L foot; 2) Make a 1/4 turn R stepping back on L foot.
1)右足於左足前交叉踏 2)右轉90度左足後踏
- 3&4 3) Step back on R foot; &) Step L foot next to R foot; 4) Make a 1/4 turn R stepping R foot to R side.
3)右足後踏 &)左足併踏 4)右轉90度右足右踏
- 5-6 5) Step forward on L foot; 6) Make a 1/2 turn R stepping R foot to R side. (Hinge Turn) (facing 9 O'clock)
5)左足前踏 6)右轉180度右足右踏(面向9點鐘)
- 7-8 7) Step forward and out to L side on L foot; 8) Step forward and out to R side on R foot. (Put some attitude in these steps maybe shaking hips while doing the two steps. Be creative.)
7)左足左前踏 8)右足右前踏 (像滑冰步, 記得擺臀, 活潑點)

第四段

- 1&2 1) Rock L foot behind R foot; &) Recover to R foot; 2) Make a 1/4 L stepping forward on L foot.
1)左足於右足後下沉 &)右足回復 2)左轉90度左足前踏

- 3-4 3) Step forward on R foot; 4) Pivot 1/2 turn L taking weight on L foot. 3)右足前踏 4)左轉180度重心在左足
- 5-6 5) Step forward on R foot prepping for a R turn; 6) In a sit position bring feet together and make a 1 1/4 turn to the R. (weight on L) (facing 3 O'clock)
5)右足前踏準備右轉 6)以坐姿雙足合併右轉90度(重心在左足)(3點鐘)
- 7-8 7) Come out of sit and step a small step forward on R foot; 8) Step a small step forward on L foot. 7)右足前踏 8)左足前踏
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