

# All About that Bass

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA) - November 2014  
音樂: All About That Bass - Meghan Trainor



## SIDE STEPS,HIP SWAYS

(Once you got it. get down & dirty with it)

1-2            ... slide to right,step left next to right  
3&4            ... sway hips ... right,left,right  
5-6            ... slide to left,step right next to left  
7&8            ... sway hips .... left,right,left

## ROCKING CHAIR

1-2            ... rock forward on right,recover on left  
3-4            ... rock back on right,recover on left  
5-6            ... rock forward on right,recover on left  
7-8            ... rock back on right,recover on left

## FORWARD SHUFFLE,FORWARD STEP,1/2 CW TURN,FORWARD SHUFFLE,FORWARD STEP,1/2 CCW TURN

1&2            ... shuffle forward ... right,left,right  
3-4            ... step forward on left,step right making ½ CW Turn  
5&6            ... shuffle forward .... left,right,left  
7-8            ... step forward on right,step left making ½ CCW Turn

## CROSS POINTS,CROSS STEP,1/4 CW TURN,1/2 CW TURN,STEP

1-2            ... cross right over left,point left to side  
3-4            ... cross left behind right,point right to side  
5-6            ... cross right over left,step back on left making ¼ CW Turn  
7-8            ... step right making ½ CW Turn,step left next to right

End of dance

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