

Mari Nona

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Nenny Bambang (INA) - October 2014
音樂: Mari Nona by Zeth Lekatompessy



Begin approx 10 seconds

SECTION 1 : KICK BALL TOUCH 2x, TOE STRUT

1 & 2 Kick R forward (1), step R beside L (&), touch L to left (2)
3 & 4 Kick L forward (3), step L beside R (&), touch R to right (4)
5&6& Touch R toe beside L (5), step R at place (&), turn ¼ L [9.00] touch L toe forward (6), step L at place (&)
7 & 8 Touch R toe forward (7) turn ¼ L [6.00] step R at place (&), touch L toe to left side (8) [6.00]

SECTION 2 : SWIVEL, PIVOT ½ L, PIVOT ¼ L

1 & 2 Swivel both RL to left (1) left (&) left (2) (travelling)
3 & 4 Swivel RL to right (3) right (&) right (4) body weight on L
RESTART 2
5 6 7 8 Step R forward (5), turn ½ L step L forward (6,) step R forward (7), turn ¼ L step L to left side (8) [9.00]

SECTION 3 : STEP TOGETHER, STEP TOGETHER, ROCKING CHAIR, FORWARD, PIVOT ¼ L

1 2 3 4 Step R to right (1), step L beside R (2), step R to right (3), step L beside R (4) do it with shoulder shimmy
5&6& Step R forward (5), step L at place (&), step R back (6), step L at place (&)
7 8 Step R forward (7), turn ½ L step L at place (8) [3.00]

SECTION 4 : BIG STEP TOGETHER SWIVEL

1 2 3 4 Big step R to right (1), drag n step L to R (2), swivel RL to left (3), swivel RL to right (4)
RESTART 1
5 & 6 Swivel RL to left (5), swivel RL to left (&), swivel RL to left (6)
7 & 8 Swivel RL to right (7), swivel to right (&), swivel to right (8) weight on L

Start again with smile!

Restart 1 : on wall 1 facing 3.00 on count 5 session 4

Restart 2 : on wall 3 (facing 3.00), wall 6, on count 1 session 3

Ending on wall 9 facing 12.00 :

Music slowing down on wall 8 count 7 section 4. Just keep on with steps with half speed following the music. Will end on count 4 wall 9 facing 12.00. Make a full turn by crossing R on L n pose!!

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