

# Five Minutes (P)

拍數: 32                      牆數: 2                      級數: Novice Partner  
編舞者: David Villellas (IT) & Mercè ORRIOLS (ES) - November 2014  
音樂: Dreaming In Colours - Jeff Gray : (Slow)  
或: Texas As Hell - Miranda Lambert : (Fast)



**Start dance: Sweetheart Position**

**\*1-4 Right hands hold up above lady's head and Left hands let loose, Lady turns out.**  
**\*5-8 Back in Sweetheart Position, Lady turns in.**

**[1-8] MAN: RIGHT COASTER STEP - LEFT STOMP UP - LEFT COASTER STEP - RIGHT STOMP (RIGHT WEIGHT)**

1-2                      MAN: Step right back, step left together [12]  
3-4                      MAN: Step right forward, stomp left up next to right [12]  
5-6                      MAN: Step left back, step right together [12]  
7-8                      MAN: Step left forward, right stomp next to left (right weight) [12]

**[1-8] LADY: ROLLING VINE RIGHT - TOUCH - ROLLING VINE LEFT - STOMP RIGHT (RIGHT WEIGHT)**

1-2                      LADY: Step right side ¼ turn right [3], ½ turn right and step left back [9]  
3-4                      LADY: ¼ turn right and Step right side [12], touch left next to right (right weight) [12]  
5-6                      LADY: Step left side ¼ turn left [9], ½ turn left and step right back [3]  
7-8                      LADY: ¼ turn left and step left side [12], stomp right next to left (right weight) [12]

**\*1-4 Left hands hold and Right hand let loose**

**\*5-6 Partners cross each other back to back and hands loose**

**\*7-8 Right hands back together and Left hands loose**

**[9-16] MAN: LEFT FORWARD - PIVOT ½ TURN RIGHT - LEFT ROCK BACK - RECOVER - VINE TO LEFT - STOMP SCUFF RIGHT (LEFT WEIGHT)**

1-2                      MAN: Step left forward, [12] - pivot ½ turn right (right weight) [6]  
3-4                      MAN: Rock left back, recover to right [6]  
5-6                      MAN: Step left side, cross right behind [6]  
7-8                      MAN: Step left side, right stomp scuff next to left (left weight) [6]

**[9-16] LADY: LEFT FORWARD - PIVOT ½ TURN RIGHT - LEFT FORWARD - PIVOT ½ TURN RIGHT - VINE TO LEFT - STOMP SCUFF RIGHT (LEFT WEIGHT)**

1-2                      LADY: Step left forward, [12] - pivot ½ turn right (right weight) [6]  
3-4                      LADY: Step left forward, [6] - pivot ½ turn right (right weight) [12]  
5-6                      LADY: Step left side, cross right behind [12]  
7-8                      LADY: Step left side, right stomp scuff next to left (left weight) [12]

**[17-20] MAN: RIGHT COASTER STEP - SCUFF LEFT - Both VINE TO LEFT - STOMP SCUFF RIGHT**

1-2                      MAN: Step right back, step left together [6]  
3-4                      MAN: Step right forward, stomp scuff left up next to right [6]

**[17-20] LADY: RIGHT FORWARD - PIVOT ½ TURN LEFT - RIGHT FORWARD - STOMP SCUFF LEFT (RIGHT WEIGHT)**

1-2                      LADY: Step right forward, [12] - pivot ½ turn left (left weight) [6]  
3-4                      LADY: RV zet voor - LV scuff voor [6]  
5-8                      Hands back in Sweetheart position

**MAN & LADY: 21-24 VINE TO LEFT - STOMP SCUFF RIGHT**

5-6                      Step left side, cross right behind [6]  
7-8                      Step left side, right stomp scuff next to left (left weight) [6]

**MAN & LADY: 25-32: RIGHT ROCK BACK - RECOVER - STOMP UP RIGHT - STOMP RIGHT FORWARD  
- ¼ TURN RIGHT & LEFT SIDE STEP - HOOK RIGHT - ¼ TURN LEFT & STEP BAK RIGHT - STOMP LEFT  
(LEFT WEIGHT)**

- 1-8 Hands in Sweetheart position
- 1-2 Rock right back, recover to left [6]
- 3-4 Stomp left up next to right, stomp right step foreward (Right) [6]
- 5-6 ¼ turn right and step left side [9], hook right up [9]
- 7-8 ¼ turn left and step right back [6], left stomp next to right (left weight) [6]

**REPEAT**

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