

# Bosa Nova Beginner

拍數: 64                      牆數: 4                      級數: Beginner  
編舞者: Henny Nielsen (DK) - November 2014  
音樂: Blame It on the Bossa Nova - Jane McDonald



## **SIDE BEHIND SIDE CROSS, CHASSE LEFT, HOLD**

1-4                      Step left to side, cross right behind left, step left to side, cross right over left  
5-8                      Step left to side, step right together, step left to side, Hold

## **SIDE BEHIND SIDE CROSS, CHASSE RIGHT, HOLD**

1-4                      Step right to side, cross left behind right, step right to side, cross left over right  
5-8                      Step right to side, step left together, step right to side, Hold

## **MAMBO BOX**

1-2                      Step left to left, step right beside left  
3-4                      Step forward left, Hold  
5-6                      Step right to right, step left beside right  
7-8                      Step back right, Hold

## **LEFT WINE, TOUCH, RIGHT WINE ¼ TURN RIGHT, SCUFF**

1-2                      Step left to left Side, Cross right behind left  
3-4                      Step left to left Side, Touch right Toe Next to left  
5-6                      Step right to right, cross left behind right  
7-8                      ¼ turn right, scuff left

## **LEFT LOCK STEP FORWARD, HOLD, RIGHT LOCK STEP FORWARD, HOLD**

1-2                      Step forward left, lock right behind left  
3-4                      Step forward left, Hold  
5-6                      Step forward right, lock left behind right  
7-8                      Step forward right, Hold

## **LEFT MAMBO FORWARD HOLD, RIGHT MAMBO BACK HOLD**

1-2                      Rock forward left, recover in place right  
3-4                      Step left beside right, Hold  
5-6                      Rock back on right, recover in place left  
7-8                      Step right beside left, Hold

## **LEFT STEP TURN STEP HOLD, RIGHT STEP TURN STEP HOLD**

1-2                      Step forward left, pivot ½ right  
3-4                      Step forward left, Hold  
5-6                      Step forward right, pivot ½ left  
7-8                      Step forward right, Hold

## **WALK HOLD x3, STOMP HOLD**

1-2                      Walk forward left, Hold  
3-4                      Walk forward right, Hold  
5-6                      Walk forward left, Hold  
7-8                      Stomp right beside left (taking weight), Hold

**Note - this dance is as a floor split to 'Bosa Nova' by Choreographer Phil Dennington**

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