Bar Room 2 Step

拍數: 34 牆數: 4 級數: Improver

編舞者: Kate Sala (UK) - November 2014

音樂: Victim of Life's Circumstances - Clay McClinton : (Album: 'Bitin' At The Bit')

#10 count intro.

Diagonal Rock, Coaster Cross, Diagonal Rock, Coaster Cross.

1 2	Rock forward on Rt to right diagonal. Recover on to Lt.
3 & 4	Step back on Rt. Small step Lt to left side. Cross step Rt over Lt.
5 6	Rock forward on Lt to left diagonal. Recover on to Rt.
7 & 8	Step back on Lt. Small step on Rt to right side. Cross step Lt over Rt.

Heel Grind Travelling forward x 2, Step Pivot 1/2 Turn Back, Toe Strut Back x 2, Coaster Step.

1 &	Step forward on Rt heel with toes turned in. Grind the heel turning toes out taking weight on to Rt foot.
2 &	Step forward on Lt heel with toes turned in. Grind the heel turning toes out taking weight on Lt foot.
3 & 4	Step forward on Rt. Pivot 1/2 turn left. Turn 1/2 left stepping back on Rt.

(Alternative: Mambo step forward on Lt. Recover. Stepping back on Lt.)

5 &	Step back on ball of Lt. Drop Lt heel down.
6 &	Step back on ball of Rt. Drop Rt heel down.
7 & 8	Step back on Lt. Step Rt next to right. Step forward on Lt.

Step Pivot 1/2 Turn Left, Shuffle Forward, Step Pivot 1/4 Turn Right, Cross Shuffle.

1 2	Step forward on Rt. Pivot 1/2 turn left.
3 & 4	Step forward on Rt. Step Lt next to Rt. Step forward onRt.
5 6	Step forward on Lt. Pivot 1/4 turn right.
7 & 8	Cross step Lt over Rt. Step Rt to right side. Cross step Lt over Rt.

Turn 1/2 Left, Cross, Slap Behind, Step Back, Slap In front, Chasse, Cross Rock, Rock, Cross.

1 2	Turn 1/4 left stepping back on Rt. Turn 1/4 left stepping Lt to left side.
3 &	Cross step Rt over Lt. Slap Lt foot up behind Rt with Rt hand.
4 &	Step down on Lt. Slap Rt foot with Lt hand in front of Lt.
5 & 6	Step Rt to right side. Step Lt next to Rt. Step Rt to right side.
7 & 8	Cross rock on Lt over Rt. Rock back on Rt. Cross step on Lt over Rt

Side Step Right, Touch, Side Step Left, Touch.

| 1 & | Step Rt to right side. Touch Lt toe next to Rt instep. |
| 2 & | Step Lt to left side. Touch Rt toe next to Lt instep. |

Start Again Enjoy