

Norman

拍數: 64 牆數: 4 級數: Improver
編舞者: Timothy To (CAN) & Annette Lapp (DK) - November 2014
音樂: Norman - Sue Thompson : (Album: 60's Summer Party: The Best Summer Hits From The Sixties)



Intro: 16 counts

Walk Right, Left, Right, Tap Left, Left Forward, Tap Right, Right Back, Tap Left

1 – 2 Walk right forward, walk left forward
3 – 4 Walk right forward, tap left beside right
5 – 6 Step left forward, tap right beside left
7 – 8 Step right back, tap left beside right

Walk Left, Right, Left, Tap Right, Right Forward, Tap Left, Left Back, Tap Right

1 – 2 Walk left forward, walk right forward
3 – 4 Walk left forward, touch right beside left
5 – 6 Step right forward, tap left beside right
7 – 8 Step left back, tap right beside left

Vine Right, Touch, Left To Left Side, Right Behind Left, ¼ Turn Left, Shuffle Forward

1 – 2 Step right to right side, left behind right
3 – 4 Step right to right side, touch left beside right
5 – 6 Step left to left side, right behind left
7 & 8 ¼ turn to the left stepping forward on left, right beside left, step left forward

Out, Out, In, In, Right Side, Kick Left Across Right, Turn ¼ Left, Right Together

1 – 2 Step right diagonally forward to the right, step left diagonally forward to the left
3 – 4 Step right back to center, step left beside right
5 – 6 Step right to right side, kick left across right
7 – 8 ¼ turn left stepping left forward, right beside left

Half Left Rumba Box, Scuff, Right Jazz Box, Cross

1 – 2 Step left to left, step right beside left,
3 – 4 Step forward on left, scuff up right foot
5 – 6 Cross right over left, ¼ right stepping back on left,
7 – 8 Step right to right side, cross left over right

*(RESTART on Wall 3)

Press Right, Recover, Behind ¼ Left, Forward On Right, Walk ½ Circle Left Over 4 Counts

1 – 2 Press right to right side, recover on left
3 & 4 Step right behind left, ¼ turn left, step forward on right
5 – 8 Walk left forward, walk ¼ turn left stepping right forward
7 – 8 Walk ¼ turn left stepping left forward, step right forward

Left Toe Strut, Right Toe Strut, Left Back Coaster Step, Scuff

1 – 2 Touch left toe forward, step down on left
3 – 4 Touch right toe forward, step down on right
5 – 6 Step back on left, step right beside left
7 – 8 Step forward on left, scuff up on right

Right Lock Step Forward, Scuff, Step Forward, Pivot ¼ Turn Right, Step Forward, Hold

1 – 2 Step forward right, step left behind right

- 3 – 4 Step forward right, scuff up left
- 5 – 6 Step forward on left, pivot ¼ turn right,
- 7 – 8 Step forward on left, and hold for one count

***There is a Restart on wall 3 (3 o'clock) after 40 counts, then the dance will start from 3 o'clock.**

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