

These Boots (are made for walkin')

COPPERKNOB
BY STEPHENETS

拍數: 124 牆數: 1 級數: Improver / Intermediate
編舞者: Tracie Lee (AUS) - September 2014
音樂: These Boots Are Made for Walkin' - Nancy Sinatra



Dance Begins On Lyrics On The Word "You" - 32 Count Intro

A ONE WALL LINE DANCE (NO Tags Or Restarts)

- 1-4 Touch R toe fwd, drop R heel, Touch L toe fwd, drop L heel
5-8 Rock fwd on R, replace weight o L, rock back on R, replace weight fwd to L
- 1-4 Step R fwd, pivot 1/2 turn L, step R fwd, pivot 1/2 turn L
5-8 Step R fwd, step/lock L behind R, step R fwd, hold
- 1-2 Step L fwd in front of R, hold
3-4 Twist both heels L turning 1/4 turn to R, twist both heels R turning 1/4 turn L
5-6 Step R fwd in front of L, hold
7-8 Twist both heels R turning 1/4 turn to L, twist both heels L turning 1/4 turn R (weight on L)
- 1-4 Step R back, click fingers on both hands, turn 1/2 turn L & step L fwd, click fingers
5-6 Turn 1/4 turn L & step R to R side, click fingers
7-8 Step L behind R, Step R to R side
- 1-2 Step L to L side, drag R towards L getting ready to step behind
3-4 Step R behind L, turn 1/4 turn L & step L fwd
5-8 Step R to R side, touch L beside R, Step L to L side, touch ball of R beside L with R heel up
- 1-2 Drop R heel & pop L knee fwd, hold
3-4 Drop L heel & pop R knee fwd, hold
5-8 Pop L knee fwd, switch & pop R knee fwd, switch & pop L knee fwd, switch & pop R knee fwd
- 1-4 Step R toe fwd, drop R heel, kick L to L diagonal twice
5-8 Step L toe fwd, drop L heel, kick R to R diagonal twice
- 1-4 Step R across L, step L to L side, Step R behind L, turn 1/4 turn L & step L fwd
5-8 Step R fwd, hold, pivot 1/2 turn L, hold
- 1-8 Walk fwd, R, hold, L, hold, R, hold, pivot 1/2 turn L, hold
- 1-8 Walk fwd, R, hold, L, hold, R, hold, pivot 1/2 turn L, hold
- 1-4 Walk fwd, R, hold, L, hold
5-8 Turn 1/4 turn R & walk fwd, R, hold, L, hold
- 1-8 Turn 1/2 turn R & walk fwd crossing in front R, hold, L, hold, R, hold, L, hold - clicking fingers to sides
- 1-4 Step R fwd to R diagonal & rock hips fwd, rock hips back, rock hips fwd, hold
5-8 Step L fwd to L diagonal & rock hips fwd, rock hips back, rock hips fwd, hold
- 1-8 Step back on R, hold, step back on L, hold, run back R,L,R, hold

- 1-4 Step L back, step R beside L, Step L fwd, kick R to R side
5-8 Step R behind L, step L to L side, Step R to R side, Step L behind R
- 1-4 Step R to R side, drag L towards R, step L beside R, hold.

[124] Begin again

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YouTube: <http://youtu.be/MS1Mm80SPZ8>
