

I Was The One

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Rosalee Musgrave (USA) - November 2014
音樂: I Was the One - Elvis Presley : (iTunes)



INTRO: 8 Counts - No Tags No Restarts

LEFT VAUDEVILLE, RIGHT VAUDEVILLE

- 1 – 2 Step left to left side, Step right behind left (12:00)
& 3 & 4 Step left side, Touch right heel forward, Step on ball of right foot next to left, Cross the left foot over the right
5 – 6 Step right to right side, Step left behind right
&7&8 Step right side, Touch left heel forward, Step on ball of left foot next to right, Cross the right foot over the left

ROCK FORWARD, RECOVER, TRIPLE ¼ LEFT, TURN ¼ LEFT, RIGHT CHASSE, ROCK BACK, RECOVER

- 1 – 2 Rock left forward, Recover back on right
3 & 4 Turning ½ left, Triple forward - L, R, L (6:00)
5 & 6 Turning ¼ left, Chasse to right – stepping side right, step left beside right, step side right (3:00)
7 – 8 Rock left back, Recover forward on right

CROSS ROCK, RECOVER, TURN ¼ LEFT, TURN ¼ LEFT, ROCK BACK, RECOVER, CHASSE LEFT

- 1 – 2 Cross rock left over right, Recover back on right back
3 – 4 Turning ¼ left step forward on left (12:00), Turning ¼ left step right to right side (9:00)
5 – 6 Rock left back, Recover forward on right
7 & 8 Chasse left – step left side, step right beside left, step side left□ (9:00)

ROCK FORWARD, RECOVER, TURN ½ RIGHT, TURN ½ RIGHT, COASTER BACK, SWAY LEFT, RIGHT

- 1 – 2 Rock right forward, Recover back on left
3 – 4 Turn ½ right keeping weight on left and step forward on right (3:00) Turn ½ right keeping weight on right and step back on left (9:00)
5 & 6 Step right back, Step left back beside right, Step forward on right
7 – 8 Sway left, Sway, right

HAPPY DANCING!

To End Dance at 12:00: Dance ends at 6:00 – then add:

- 1 – 4 Step left side, Right behind left, Turn ½ left stepping forward on left, Point right toe forward