

# Lydia's Waltz

拍數: 48      牆數: 1      級數: Beginner  
編舞者: Cheryl Sjolund (USA) - November 2014  
音樂: Somebody Loves You (That's Me) - Scooter Lee



Alt. music:-

"I Don't Want to Say Goodbye" Teddy Thompson

"Their Hearts are Dancing" The Forrester Sisters

"Christmas Wishes" Anne Murray

#12 Count Intro – Somebody Loves You (That's Me)

## BASIC WALTZ FORWARD & BACK

1-2-3      Step left forward with left, step right together, step left together

4-5-6      Step right back, step left together, step right together

## LEFT TWINKLE, RIGHT TWINKLE WITH TURN ¼ RIGHT

1-2-3      Cross left over, step right side, step left in place

4-5-6      Cross right over, step left back, turn ¼ right, step right side (3:00)

## BASIC WALTZ FORWARD & BACK

1-2-3      Step left forward, step right together, step left together

4-5-6      Step right back, step left together, step right together

## LEFT TWINKLE, RIGHT TWINKLE WITH TURN ½ RIGHT

1-2-3      Cross left over, step right side, step left in place

4-5-6      Cross right over, step left back, turn ½ right, step right side (9:00)

## BASIC WALTZ FORWARD & BACK

1-2-3      Step left forward, step right together, step left together

4-5-6      Step right back, step left together, step right together

## LEFT TWINKLE, RIGHT TWINKLE WITH TURN ¼ RIGHT

1-2-3      Cross left over, step right side, step left in place

4-5-6      Cross right over, step left back, turn ¼ right, step right side (12:00)

## CROSS OVER WALTZ, CROSS OVER WALTZ

1-2-3      Cross left over, step/rock side right, step left side

4-5-6      Cross right over, step/rock side left, step right side

## WEAVE RIGHT, STEP, DRAG LEFT FOOT, HOLD

1-3      Cross left over, step right side, cross left behind

4-6      Large step right with right, drag and touch left together, hold.

This dance reinforces basic beginner steps of the Waltz and also a slow progression of a full turn.  
(For L.I.L.) An inspiration to us all.

Last Update - 18th Nov 2014