

# Frozen

拍數: 66      牆數: 1      級數: Phrased Intermediate  
編舞者: Sharon K (SG) - November 2014  
音樂: Let It Go - Idina Menzel



Intro: 16 counts - Sequence: A A\* (1-20&) A Tag B A Tag B A Tag

## Part A (32 counts)

[1-8] □ Fwd drag R, L, R. Full turn to L.

- 1-2            Step R forward diagonal. Drag L to R.
- 3-4            Step L forward diagonal. Drag R to L.
- 5-6            Step R forward diagonal. Drag L to R.
- 7&8           Step L ¼ forward, step R ½ back, step L ¼ side.

[9-16] □ Cross lunge R, recover. Cross lunge L, recover. Sway R, L. Full turn to R.

- 1-2&          Cross lunge on R. Recover on L, step R to R.
- 3-4&          Cross lunge on L. Recover on R, step L to L.
- 5-6            Sway R. Sway L.
- 7&8            Step R ¼ forward, step L ½ back, step R ¼ side.

[17-24] □ Walk fwd L, R, L. R back, L together. Walk fwd R, L, R. L back, R together.

- 1-2            Walk L forward. Walk R forward.
- 3-4&          Walk L forward. Step R back, step L together. \*restart wall 2\*
- 5-6            Walk R forward. Walk L forward.
- 7-8&          Walk R forward. Step L back, step R together.

[25-32] □ L fwd. Rock, recover, 2 full turns back, sweep. R back, sweep. L back, R touch.

- 1              Walk L forward.
- 2&3            Step R forward, recover on L, step R ½ forward (travel back).
- 4&5            Step L ½ back, step R ½ forward, step L ½ back (travel back) and sweep R back.
- 6&            Step R back, sweep L back.
- 7-8            Step L back. Touch R next to L.

## Tag (4 counts)

- 1-4            R jazz box ½ turn x 2
- 1&2&          Cross R over L, step L ¼ back, step R ¼ side, step L together.
- 3&4&          Repeat 1-2.

## Part B (34 counts)

[1-9] □ Fwd R. L ½ twinkle. R ¼ twinkle, point R. R ½ twinkle. L ¼ twinkle, point L.

- 1              Step R forward. [12.00]
- 2&3            Cross L over R, step R ¼ back. Step L ¼ back. [6.00]
- 4&5            Cross R over L, step L ¼ back. Point R to R. [9.00]
- 6&7            Cross R over L, step L ¼ back. Step R ¼ side. [3.00]
- 8&1            Cross L over R, step R ¼ back. Point L to L. [12.00]

[10-17] □ Weave to R, sweep R. Weave to L, sweep L. Weave to R, sweep R. R nightclub.

- 2&3            Cross L over R, step R to R. Cross L behind R and sweep R back.
- 4&5            Cross R behind L, step L to L. Cross R over L and sweep L forward.
- 6&7            Cross L over R, step R to R. Cross L behind R and sweep R back.
- 8&1            Cross R behind L, recover on L, big step R to R.

[18-25] □ L nightclub. Back rock, recover, point R. Cross R, recover ¼ R, point R x 2.

2&3 Rock L behind R, recover on R, big step L to L.  
4&5 Rock R behind L, recover on L, point R to R.  
6&7 Cross R over L, step L  $\frac{1}{4}$  back. Point R to R. [3.00]  
8&1 Cross R over L, step L  $\frac{1}{4}$  back. Point R to R. [6.00]

**[26-32] □R twinkle  $\frac{1}{4}$  turn, L twinkle  $\frac{3}{4}$  turn. Sway R, L. Big step R, drag L.**

2&3 Cross R over L, step L  $\frac{1}{8}$  back. Step R  $\frac{1}{8}$  to side. [9.00]  
4&5 Cross L over R, step R  $\frac{1}{4}$  back. Step L  $\frac{1}{2}$  to side. [12.00]  
6& Sway R, L.  
7-8 Big step R to R and drag L to R.

**[33-34] □L sweep, L back.**

1-2 Sweep L back. Step L back.

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