

# All About The Bass

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
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音樂: All About That Bass - Meghan Trainor



**Intro: 32 counts - Style: Pop / Disco**

## **Section 1: □ Step Lock, Step Lock Step (x2)**

1-2            Step right foot forward, lock left foot behind.  
3&4           Step right foot forward, lock left foot behind, step forward on right foot.  
5-6           Step forward on left foot, lock right foot behind.  
7&8           Step forward on left foot, lock right foot behind, step forward on left.

## **Section 2: □ Side, Slide, Hip Bumps (x2)**

1-2            Step right foot to right side, slide left foot beside right (keeping weight on right foot).  
3-4            Bump hips left and right.  
5-6            Step left foot to left side, slide right foot beside left (keeping weight on left).  
7-8            Bump hips right and left.

## **Section 3: Back Touch (x2), Grapevine, Brush 1/2 turn.**

1-2            Step back on right foot, touch left foot forward.  
3-4            Step back on left foot, touch right foot forward.  
5-8            Step right foot to right side, cross left foot behind right, step right foot to right side, brush left forward into a 1/2 turn right (keeping weight on right foot).

## **Section 4: □ Left Chasse, Back Rock, Side, Slide, Hip/Body Roll 1/4 turn left.**

1&2            Step left to left side, close right beside left, step left to left side.  
3-4            Rock back on right foot, recover on to left foot.  
5-6            Step right foot to right side, slide left foot beside right foot.  
7-8            Body roll or rotate hips twice over 2 counts whilst making a 1/4 turn to the left  
(weight ending on left foot ready to start again).

**No Tags Or Restarts! Have Fun & Enjoy!**

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