

Prayer in C

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Niels Poulsen (DK) - September 2014
音樂: Prayer In C - Lilly Wood & The Prick & Robin Schulz : (iTunes, etc)



Intro: 48 counts from first beat in music (appr. 23 secs. into track). Start with weight on L foot.

Restart: On wall 6 (starts facing 3:00), after 16 counts, now facing 12:00

[1 – 8] R side rock, together, L side rock, L sailor ¼ L, walk R L

1 – 2 Rock R to R side (1), recover on L (2) 12:00
&3 – 4 Step R next to L (&), rock L to L side (3), recover on R (4) 12:00
5&6 Cross L behind R (5), turn ¼ L stepping R next to L (&), step fwd on L (6) 9:00
7 – 8 Walk fwd on R (7), walk fwd on L (8) 9:00

[9 – 16] R rock fwd, out out, back R, L back rock, ball step, walk L fwd

1 – 2 Rock R fwd (1), recover back on L (2) 9:00
&3 – 4 Step R a small step to R side (&), step L a small step to L side (3), step back on R (4) 9:00
5 – 6 Rock back on L (5), recover fwd to R (6) 9:00
&7 – 8 Step fwd on L (&), step fwd on R (7), walk fwd on L (8) * Restart on wall 6, facing 12:00 9:00

[17 – 24] R stomp fwd, hold, ball rock fwd, ¼ R stomp, hold, ball side step, cross over

1 – 2 Stomp R fwd (1), hold (2) 9:00
&3 – 4 Step L next to R (&), rock R fwd (3), recover back on L (4) 9:00
5 – 6 Turn ¼ R stomping R to R side (5), hold (6) 12:00
&7 – 8 Step L next to R (&), step R to R side (7), cross L over R (8) 12:00

[25 – 32] R side rock, sailor ¼ R, step L fwd and in front R, Hold, & L cross shuffle

1 – 2 Rock R to R side (1), recover on L (2) 12:00
3&4 Cross R behind L (3), turn ¼ R stepping L next to R (&), step R fwd (4) 3:00
5 – 6 Step fwd on L and slightly in front of R (5), Hold (6) 3:00
&7&8 Step R a small step R (&), cross L over R (7), step R to R side (&), cross L over R (8) 3:00

Start again

Ending: Wall 11 is your last wall (starts facing 12:00). To end facing 12:00 do up to count 28 (facing 3:00). Then, on count 5 of this section, step fwd onto L and turn ¼ L sweeping R fwd ...[12:00]

Contact: niels@love-to-dance.dk - www.love-to-dance.dk