It's Rain and Wind and Water

級數: High Improver

編舞者: Martie Papendorf (SA) - November 2014

音樂: Dis Reen, Dis Wind, Dis Water - Danie Niehaus

Alt. music: Dis Reen, Dis Wind, Dis Water. Adries Vermeulen - 104 bpm

Start on vocals.

拍數: 32

S1: Hook, Fwd lock fwd to right diagonal, Hook, Fwd lock fwd to left diagonal, Step, Pivot ¼ left, Cross, & Cross, Side, Cross, & &1&2 Turn to face right diagonal and hook R across L swinging arms across body to left, Step R fwd, Lock L behind R, Step R fwd, &3&4 Turn to face left diagonal and hook L across R swinging arms across body to right, Step L fwd, Lock R behind L, Step L fwd,

- 5&6 Step R fwd, Make a pivot turn ¼ left [weight to L], Step R across L, [9.00]
- &7&8& Step L to left side, Step R across L, Step L to left side, Step R across L, Step L next to R [9.00]

S2: Heel, Toe, Heel, Step, Heel, Toe, Heel, Step, Mambo fwd, Coaster step

- 1&2& Touch R heel fwd [toes turned out], Touch R toe fwd [knee turned in], Touch R heel fwd, Step R next to L,
- 3&4& Touch L heel fwd [toes turned out], Touch L toe fwd [knee turned in], Touch L heel fwd, Step L next to R,
- 5&6 Rock R fwd, Recover L back, Step R next to L,
- 7&8 Step L back, Step R next to L, Step L fwd [9.00]

1&2& Step R to right side, Kick L across R, Step L to left side, Kick R across L,

- 3&4 Step R to right side, Step L next to R, Step R to right side,
- 5&6& Step L to left side, Kick R across L, Step R to right side, Kick L across R,
- 7&8 Step L to left side, Step R next to L, Step L fwd making a ¼ turn left [6.00]

Optional arms:

Interlace fingers and push down to left side when kicking L across R and push down to right side when kicking R across L

S4: Side ¼ left, Touch, Back, Hook, Triple step fwd, Rock fwd, Recover, Fwd ¼ left, Step, Paddle ¼ left, Step, Paddle ¼ left and hook

- 1&2& Step R to right side making a ¼ turn left, Touch L behind R, Step L behind R, Hook R across L, [3.00]
- 3&4 Triple step fwd stepping R, L, R,
- 5&6 Rock L fwd, Recover R back, Step L fwd making a ¼ turn left, [12.00]

Optional arms: Stretch L fwd during count 5.

- 7& Step R fwd, Make a paddle turn ¼ left [weight to L], [9.00]
- 8& *□Step R fwd, Paddle turn ¼ left [weight to L] hooking R across L swinging arms across body to left * [6.00]

*Note: This & count is the start of the next wall replacing the & count of section 1.

START AGAIN

To add Tag after wall 2, facing 12.00, leave out "hooking R across L".....

- Touch, Step, Touch, Step, Triple step, Fwd, Touch, Back, Hook, Triple step
- 1&2& Touch R toe across L, Step R across L, Touch L toe behind R, Step L behind R,
- 3&4 Triple step in place stepping R, L, R,





牆數:4

- 5&6& Step L fwd, Touch R toe behind L, Step R behind L, Hook L across R,
- 7&8 Triple step in place stepping L, R, L [12.00]

Rock fwd, Recover, Fwd ½ right, Step, Pivot ½ right, Side, Touch

- 1&2 Rock R fwd, Recover L back, Step R fwd making a ¹/₂ turn right, [6.00]
- 3,4 Step L fwd, Make a pivot ½ right, [12.00]
- 5,6 Step L to left side, Touch R to L [12.00]

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