

Somethin' Bad

拍數: 96 牆數: 1 級數: Phrased Advanced
編舞者: Daan Geelen (NL) & Tommie Nijhuis (NL) - November 2014
音樂: 'Something Bad' by Miranda Lambert & Carrie Underwood



Seq: A B C A B C A B Restart A end of Dance

PART A: 16 counts

A1: 2x Toe Heel Stomp RL, Mambo Step, Coasterstep.

1&2 Touch R Toe next to L, Touch R Heel to side, Stomp R Fwd
3&4 Touch L Toe next to R, Touch L Heel to side, Stomp L Fwd
5&6 Rock R Fwd, Recover to L, Step R Back
7&8 Step L Back, Close R next to L, Step L Fwd

A2: 2x Toe Heel Out RL, Behind Side Cross, Scissor Cross.

1&2 Touch R Toe next to L, Touch R Heel to Side, Stomp R to Rightside
3&4 Touch L Toe next to R, Touch L Heel to Side, Stomp L to Leftside
5&6 Step R behind L, Step L to Leftside, Cross R over L
7&8 Step L to Leftside, Close R next to L, Cross L over R

PART B: 48 counts

B1: 2x Kick Rockstep RL, Brush Hitch ¼ Step, Travelling Twist

1&2& Kick R Fwd, Close R next to L, Rock L back, Recover to R
3&4& Kick L Fwd, Close L next to R, Rock R Back, Recover to L
5&6 Brush R, Hitch R ¼ Turn Left, Step R To Rightside
7&8 Twist Heels L, Twist Toes L, Twist Heels L

B2: Sailorstep ¼, Sailorstep, Behind Side Brush, Brush Step.

1&2 ¼ Turn Step R Behind L, Close L next to R, Step R to Rightside
3&4 Step L Behind R, Close R next to L, Step L to Leftside
5&6 Step R Behind L, Step L to Leftside, Brush R next to L stretch leg
7 8 Brush R Back next to L, R Big Step to Rightside

B3: Starrock L, Starrock R

1&2& Rock L over R, Recover to R, Rock L to Leftside, Recover to R
3&4 Rock L behind R, Recover to R, Rock L to Leftside

RESTART HERE WITH PART A

5&6& Rock R over L, Recover to L, Rock R to Rightside, Recover to L
7&8 Rock R behind L, Recover to L, Rock R to Rightside

B4: Kick Out Out, Heels Toe Heels, Side Step Side, Cross Rock Out

1&2 Kick L in front of R, Step L to Leftside, Step R out to Rightside
3&4 Both Heels in, Both Toes in, Both Heels in
5&6 Step L to Leftside, Close R next to L, Step L to Leftside
7&8 Rock R over L, Recover to L, Step R to Rightside

B5: Walk LRLR ¾, Out In Out, Sailorstep ¼

1234 Walk Around ¾ Turn L Left Right Left Right
5&6 Touch L out, Touch L in, Touch L out
7&8 Step L behind R, Close R next to L, Step L ¼ Turn Left Fwd

B6: Starrock R, Starrock L

1&2& Rock R over L, Recover to L, Rock R to Rightside, Recover to L

3&4 Rock R behind L, Recover to L, Rock R to Rightside
5&6& Rock L over R, Recover to R, Rock L to Leftside, Recover to R
7&8 Rock L behind R, Recover to R, Rock L to Leftside

PART C: 32 counts

C1: Cross Rock Sweep, Coaster step, Scuff, Scuff ½ Turn, 2x Stomp

1 2 Rock R over L, Recover to L with Sweep front to back
3&4 Step R Back, Close L next to R, Step R Fwd
5 6 Scuff L Fwd, Scuff L Back ½ Turn Left on R Step L Fwd
7&8 Stomp R next to L, Stomp R out to Left side

C2: Cross Kick, Cross Heel, Cross, Turn ½, Cross Shuffle

1&2 Cross L in front of R, Step R to Right side, Kick L diagonal Fwd Left
&3&4 Step L next to R, Cross R in front of L, Step L to Left side, Touch R Heel diagonal to Right side
&5 6 Step R next to L, Cross L over R, Turn ½ on both feet to Right side
7&8 Step R over L, Step L to Left side, Step R over L

C3: Side Rock Cross, 2x Twist Kick, Sailor step ¼, Turn ¾.

1&2& Step L to Left side, Recover to R, Step L over R, Close R next to L
3&4 Twist Both Heels to Right side, Twist both Toes to Right side, Twist R Heel to Right side and Kick L to Left side
5&6 Step L behind R, Close R next L, Step L ¼ Turn Left
7 8 Turn on L ¾ Turn Sweep R back to front, Step on R

C4: Hinge Turn ½ Touch, Knee Twist, Rock Cross ¼ Turn, Triple Turn ¾.

1&2 Cross L over R, Step R back ¼ Turn Left, Step L ¼ Turn Left
&3&4 Close R next to L, Step R diagonal Fwd knees out, Close L next to R, Step L Diagonal Fwd Knees out
&5&6 Rock R to Right side ¼ Turn Left (facing 9 o'clock), Recover to L, Cross R over L
7&8 Step L Back ¼ Turn Right, Step R ½ Turn Fwd Turn Right, Step L Fwd

Enjoy!!!

Last Update - 17th Jan. 2016
