

Something About A Woman

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Gaye Teather (UK) - November 2014
音樂: Somethin' About A Woman - Luke & Mel : (CD: Luke And Mel, EP)



Track available to download from www.lukeandmel.com or iTunes

(32 count intro) - Dance rotates in CCW direction

Side Right. Together. Shuffle forward. Side Left. Together. Coaster cross

1 – 2 Step Right to Right side. Step Left beside Right
3&4 Step forward on Right. Step Left beside Right. Step forward on Right
5 – 6 Step Left to Left side. Step Right beside Left
7&8 Step back on Left. Step Right beside Left. Cross Left over Right

Side rock. Behind-side-cross. Side rock. Sailor quarter turn Left

1 – 2 Rock Right to Right side. Recover onto Left
3&4 Cross Right behind Left. Step Left to Left side. Cross Right over Left
5 – 6 Rock Left to Left side. Recover onto Right
7&8 Quarter turn Left crossing Left behind Right. Step Right to Right side. Step slightly forward on Left (Facing 9 o'clock)

Step forward. Tap. Back lock step. Sweep back. Sweep back. Coaster cross

1 – 2 Step forward on Right. Tap Left toe behind Right heel
3&4 Step back on Left. Lock Right over Left. Step back on Left
5 – 6 Sweep Right foot around and step back. Sweep Left foot around and step back

(Option for counts 5 – 6: Full turn Right (travelling backwards))

7&8 Step back on Right. Step Left beside Right. Cross Right over Left

Side rock. Cross shuffle. Side Right Touch. Side Left. Touch

1 – 2 Rock Left to Left side. Recover onto Right
3&4 Cross Left over Right. Step Right to Right side. Cross Left over Right
5 – 6 Step Right to Right side. Angle body to left diagonal, lean slightly back and tap Left toe diagonally forward □ Left
7 – 8 step Left to Left side. Angle body to Right diagonal, lean slightly back tap Right toe diagonally forward Right

Start again

***Tag: At the end of wall 9 (You will be facing 9 o'clock), the music changes for 8 counts.**

Add the following Tag and then continue from the beginning facing 12 o'clock

Quarter Monterey turn Right. Jazz box cross

1 – 2 Point Right to Right side. Quarter turn Right stepping Right beside Left
3 – 4 Point Left to Left side. Step Left beside Right
5 – 8 Cross Right over Left. Step back on Left. Step Right to Right side. Cross Left over Right