

All About That Bass EZ For The Club

COPPER KNOB
BY STEPHEN T. C.

拍數: 32 牆數: 2 級數: Ultra Beginner
編舞者: Mitzi Day (USA) - November 2014
音樂: All About That Bass - Meghan Trainor



No Tags, No Restarts - All Straight Counts.

** 5 Step Vine And Toe Points

1-5 Step R To R, Side Behind R, R To Side, L Across R, Step R To R Side Putting Weight On R
6-7-8 Point L Toe Next To R Instep. Point L Out To Side, Point L To R Instep

** Same Moves To Left Side

1-5 Step L To L Side, R Behind L, L To L Side, R Across L, Step L To L Side Taking Weight On L
6-7-8 Point R Toe Next To L Instep. Point R Toe To Side. Point R Toe Back To Instep

** V Steps

1-4 Step R Diagonal Forward, Touch L Beside R. Step L Diagonal Forward Touch R Beside L
5-8 Step Diagonal R Back Touch L. Step L Diagonal Back Touch R Beside L

** Rocking Chair, 1/4 Turn 1/4 Turn

1-4 Step Forward R. Recover L. Step Back R. Recover L
5-8 Step R Foot Forward And ¼ Turn Left. Step R Foot Forward And 1/4 Turn Left

Enjoy And See You On The Dance Floor

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