

This is MAD

拍數: 32

牆數: 4

級數: Novice / Intermediate - Smooth
WCS



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音樂: Mad - Anthony Hamilton

Starts after: After 16 Counts - Note – Dance starts facing 1.30!

Walk Fwd Diagonal R, L, Step 1/8 Turn L, Pop 1/8 Turn L, Ball, Cross 1/8 Turn R, Sweep, Cross, Back, Back, Cross, Back, ¼ Turn R

- 1 RF□Walk forward into right diagonal□(1.30)
- 2 LF□Walk forward into right diagonal□(1.30)
- & RF□1/8 Turn left stepping to the right side
- 3 LF□1/8 Turn left stepping next to RF, Popping the knee's□(10.30)
- & LF□Little step forward□□(10.30)
- 4 RF□1/8 Turn right, crossing in front of LF, (12.00) Sweeping the LF from back to front
- 5 LF□Cross over RF
- & RF□Step diagonal right backwards
- 6 LF□Step left diagonal backwards

*** Tag / Restart Point**

- 7 RF□Cross over LF
- & LF□Step left diagonal backwards
- 8 RF□¼ Turn right, Stepping to right side (3.00)

Rock Side, Recover, ½ Turn R, Hitch, Side Step, Cross Behind, Rock Side, Recover, Weave ¼ Turn R, Walk Fwd L, R

- 1 LF□Rock to left side
- 2 RF□¼ Turn right, Stepping forward, continue a other ¼ while hitching your LF (9.00)
- 3 LF□Step to left side
- & RF□Cross behind LF
- 4 LF□Step slightly to left diagonal backwards
- 5 RF□ Recover weight
- 6 LF□Cross behind RF
- & RF□¼ Turn right, Stepping forward□(12.00)
- 7 LF□Step forward
- 8 RF□Step forward

Ball Step, ½ Turn L, ¾ Turn L, Cross Over, Back, Out, Hold, Ball Step

- & LF□Close next RF
- 1 RF□Step forward
- 2 LF□½ Turn left, Stepping forward □(6.00)
- 3 RF□½ Turn left, Stepping backwards (12.00)
- 4 LF□¼ Turn left, Stepping to left side (9.00)
- 5 RF □Cross over LF
- & LF□ Step backwards
- 6 RF□ Step out to right
- 7 Hold
- & LF□Close next to RF
- 8 RF□Step to right

Step Diagonal Fwd, Rocking Chair, Step ½ Turn L, Step Fwd, Tripple Full Turn R

- 1 LF □ Step diagonal right forward (10.30)
- 2 RF □ Rock forward
- & LF □ Recover weight
- 3 RF □ Rock backwards
- & LF □ Recover weight
- 4 RF □ Step forward (10.30)
- 5 LF □ ½ Turn left, stepping forward □ (4.30)
- 6 RF □ Step forward
- 7 LF □ ½ Turn right, Stepping next to RF (10.30)
- 8 RF □ ½ Turn right, Stepping forward
- & LF □ Step forward (4.30)

NOTE'S:

Restarts + Tag: In walls 3 – 5 – 7 – 9, you will dance up till count 6, And chance count 7&8 into:

Cross Over, Full Turn L

- 7 RF □ Cross over LF
- 8 Full turn left, Weight ends on LF

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