

# Engel

COPPERKNOB  
STEPPSHEETS

拍數: 48      牆數: 1      級數: Phrased Improver / Intermediate  
編舞者: Raymond Sarlemijn (NL), Darren Bailey (UK), Roy Hadisubroto (IRE) & Michel  
Platje (NL) - November 2014  
音樂: Engel - Admiral P & Nico D



Style: Fun Dance A,B, A,A, B,A, A,B, A

## PART A – 32 counts

### Walk, hitch walk back, hitch

1            RF walk forward  
&            LF walk forward  
2            RF walk forward  
&            LF hitch up left leg  
3            LF step forward  
&            RF step forward  
4            LF step forward  
&            RF hitch up right leg  
5            RF step backwards  
&            LF hitch up left leg  
6            LF step backwards  
&            RF hitch up right leg  
7            RF step backwards  
&            LF hitch up left leg  
8            LF step backwards  
&            RF hitch up right leg

### Side steps, ¼ turn right, side steps, ¼ turn right

1            RF step to right side  
&            LF step next to RF  
2            RF step to right side  
&            LF touch next to RF  
3            LF step to left side  
&            RF step next to LF  
4            LF step to left side  
&            RF touch next to LF  
5            RF step ¼ to right (21.00)  
&            LF touch next to RF  
6            LF step to left side  
&            RF touch next to LF  
7            RF step ¼ right(18.00)  
&            LF touch next to RF  
8            LF step to left side  
&            RF touch next to LF

### Kick forward (Michael Jackson style) Coaster step

1            RF kick forward (variation bend knee inwards)  
&            RF lift leg up  
2            RF kick forward (variation bend knee inwards)  
&            RF lift leg up  
3            RF step backwards  
&            LF step next to RF

- 4 RF step forward
- 5 LF kick forward (variation bend knee inwards)
- & LF lift leg up
- 6 LF kick forward (variation bend knee inwards)
- & LF lift leg up
- 7 LF step backwards
- & RF step next to LF
- 8 LF step forward

**Bouncing shuffles backwards, Sailor step ½ turn**

- 1 RF step backwards bounce knees
- & LF cross over RF bounce knees
- 2 RF step backwards bounce knees
- 3 LF step backwards bounce knees
- & RF cross over LF bounce knees
- 4 LF step backwards bounce knees
- 5 RF step backwards bounce knees
- & LF cross over RF bounce knees
- 6 RF step backwards bounce knees start ½ turn left whilst doing this sweep LF from front to back
- 7 LF take weight( 12.00)
- & RF step next to LF
- 8 LF stomp down next to RF

**PART B – 16 counts**

**Knee lifts hands up**

- 1 RF lift up right knee whilst doing this both hand go down
- 2 LF lift up left knee whilst doing this both hand go down
- 3 RF lift up right knee whilst doing this both hand go down
- & RF put RF down hands go up
- 4 RF lift knee up whilst doing this both hand go down
- 5 LF lift knee up whilst doing this both hand go down
- 6 RF lift knee up whilst doing this both hand go down
- 7 LF lift up left knee whilst doing this both hand go down
- & LF put LF down hands go up
- 8 LF lift up left leg whilst doing this both hand go down

**Knee lifts, Ball change, coaster step**

- 1 RF lift up right knee whilst doing this both hand go down
- 2 LF lift up left knee whilst doing this both hand go down
- 3 RF lift up right knee whilst doing this both hand go down
- & RF put RF down hands go up
- 4 RF lift knee up whilst doing this both hand go down
- & RF step forward
- 5 LF step forward both hands go forward
- 6 RF recover hands go over your head
- 7 LF step backwards hands go down
- & RF step next to LF hands go down
- 8 LF step forward hand are completely down

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