

Moving As One

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Dee Musk (UK) & Craig Bennett (UK) - November 2014
音樂: All I See - Bondax : (Album: All I See. - iTunes)



#8 Count Intro – Approx 4 seconds – [Track approx 3 mins 27 secs BPM 112]

Out In Side, Back Rock Side, Behind Side Cross, Hinge ½ Turn R.

- 1&2 Touch R out to R side, touch R beside L, step R to R side.
- 3&4 Rock L behind R, recover weight to R, step L to L side.
- 5&6 Step R behind L, step L to L side, cross R over L.
- 7,8 Make a ¼ turn R stepping back on L, make a ¼ turn R stepping R to R side (6 o'clock).

L Samba Step, Kick & Point, Step ½ Turn R, Back Rock.

- 1&2 Cross L over R, rock R to R side, recover weight to L.
- 3&4 Kick R forward, step R beside L, point L to L side.
- 5,6 Step forward on L, make a ½ turn R keeping weight back on L.
- 7,8 Rock back on R, recover weight to L. (12 o'clock).

Step Point & Point Touch, Side Rock & Side Rock.

- 1,2 Step forward on R, point L to L side.
- &3,4 Step L beside R, point R to R side, touch R in front of L.
- 5,6 Rock R to R side, recover weight to L.
- &7,8 Step R beside L, rock L to L side, recover weight to R. (12 o'clock).

Behind Side Cross, Side Rock, Cross ¼ Turn R, Chasse ¼ Turn R.

- 1&2 Step L behind R, step R to R side, cross L over R.
- 3,4 Rock R to R side, recover weight to L.
- 5,6 Cross R over L, make a ¼ turn R stepping back on L.
- 7&8 Make a ¼ turn R stepping R to R side, step L beside R, step R to R side. (6 o'clock).

****Restart '&' Taglet here during wall 5 – begin again facing 6 o'clock wall.**

Cross ¼ Turn L, Coaster Step, Step ½ Reverse Turn R, Coaster Step.

- 1,2 Cross L over R, make a ¼ turn L stepping back on R.
- 3&4 Step back on L, step R beside L, step forward on L.
- 5,6 Step forward on R, make a ½ reverse turn R stepping back on L.
- 7&8 Step back on R, step L beside R, step forward on R. (9 o'clock).

Step Reverse ½ Turn L, ¼ Turn Side Rock & Cross, Side Cross, Rock & Cross.

- 1,2 Step forward on L, make a ½ reverse turn L stepping back on R.
- 3&4 Make a ¼ turn L rocking L to L side, recover weight to R, cross L over R.
- 5,6 Step R to R side, cross L over R.
- 7&8 Rock R to R side, recover weight to L, cross R over L. (12 o'clock).

Back, Scissor Cross, Scissor Cross, ¼ Turn L, ¼ Turn Side Rock.

- 1 Step back on L.
- 2&3 Step R to R side, step L beside R, cross R over L.
- 4&5 Step L to L side, step R beside L, cross L over R.
- 6 Make a ¼ turn L stepping back on R.
- 7,8 Make a ¼ turn L rocking L to L side, recover weight to R. (6 o'clock).

Sailor Step, Ball Cross ¼ Turn R, Paddle ½ Turn R, Sailor ¾ Turn L Cross.

- 1&2 Step L behind R, step R to R side, step L to L side.

&3,4 Step R beside L, cross L over R, make a $\frac{1}{4}$ turn R stepping forward on R.
5,6 Keeping weight on R make a $\frac{1}{4}$ turn R on R point L toe out to L, repeat count 5.
7&8 Step L behind R, make a $\frac{3}{4}$ turn L stepping R to R side, cross L over R (6 o'clock).

****Restart and Taglet: during wall 5 - dance up to and including count 32 – then add an '&' count stepping L beside R – begin again facing 6 o'clock wall.**

Ending: facing the front, do the first 6 counts, then replace the hinge $\frac{1}{2}$ turn right with two prissy walks forward.

Special thanks to our friend Jackie for the music xx

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