

# Lips

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Jill Weiss (USA) - November 2014  
音樂: Lips Are Movin - Meghan Trainor



## #32 Count intro - No Tags Or Restarts

Alt Music: Shake It Off by Taylor Swift  
Can You Do This by Neal McCoy

### SWIVEL RIGHT, KICK LEFT, SWIVEL LEFT, KICK RIGHT

- 1-3      With weight on both feet, swivel heels to right, toes to right, heels to right, progressing right (weight goes to right)
- 4      Low kick to slight left diagonal with left foot
- 5-7      With weight on both feet, swivel heels to left, toes to left, heels to left, progressing left (weight goes to left)
- 8      Low kick to slight right diagonal with right foot

### STEP BACK WITH HEEL TAPS OR LOW KICKS

- 1-2      Step back on right, tap left heel (or low kick with left foot)
- 3-4      Step back on left, tap right heel (or low kick with right foot)
- 5-6      Step back on right, tap left heel (or low kick with left foot)
- 7-8      Step back on left, tap right heel (or low kick with right foot)

(Styling note – snap fingers as you tap/kick)

### ROCK BACK, RECOVER, STEP, CLAP, STEP PIVOT ½, CLAP, STEP PIVOT ¼

- 1-2      Rock back on right, recover to left
- 3-4      Step forward on right, hold and snap/clap
- 5-6      Pivot 1/2 left (weight goes to left), hold and snap/clap (6:00)
- 7-8      Step forward on right, pivot ¼ left (weight goes to left) (3:00)

### KICK TWICE, ROCK, RECOVER, STEP PIVOT 1/2 TURN, STOMP, CLAP

- 1-4      Kick right foot twice, rock back on right, recover to left
- 5-8      Step right forward, pivot 1/2 left (weight to left), stomp right, clap (9:00)

## No Tags Or Restarts to Lips are Movin

If danced to Shake It Off, during 8 count pause in music, bump hips to left 4 times and Restart

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