

Just Walk Away (一走了之) (zh)

COPPER KNOB
STEPSHETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Robbie McGowan Hickie (UK)
音樂: Walking Away - Sibel



前奏: 8 Count intro Start on Vocals

第一段 2 x Walks Forward. Out-Out. Step Forward. Step. Pivot 1/4 Turn Right. Left Cross Shuffle. 二次前走步, 大大, 前走, 踏 轉1/4, 交叉交換

1 – 2 Walk forward on Right. Walk forward on Left.
右足前走, 左足前走

&3 – 4 Jump Right out to Right side. Jump Left out to Left side. Step forward on Right. 右足右前跳, 左足左前跳, 右足前踏

5 – 6 Step forward on Left. Pivot 1/4 turn Right.
左足前踏, 右軸轉90度

7&8 Cross step Left over Right. Step Right to Right side. Cross step Left over Right. (Facing 3 o'clock)
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏(面向3點鐘)

第二段 Side Rock. Recover 1/4 Turn Left. Cross. Side. Back Rock. Right Hitch-Ball-Cross.
側下沉, 回復左1/4, 交叉, 側, 後下沉, 右 抬-併-交叉

1 – 2 Rock Right out to Right side. Recover on Left making 1/4 turn Left.
右足右下沉, 左足回復左轉90度

3 – 4 Cross step Right over Left. Step Left to Left side. (Facing 12 o'clock) 右足於左足前交叉踏, 左足左踏(面向12點鐘)

5 – 6 Rock back on Right. Rock forward on Left.
右足後下沉, 左足前回復

7&8 Hitch up Right knee. Step ball of Right back to place. Cross step Left over Right. 右膝抬, 右足踏, 左足於右足前交叉踏

第三段 Side Step Right. Together. Right Cross Shuffle. Side Step Left. Touch. & Cross. 1/4 Turn Left.
右踏, 併, 交叉交換, 左踏, 點 併 交叉, 左1/4

1 – 2 Long step Right to Right side. Slide/Drag Left beside Right. (Weight on Left) 右足右一大步, 左足拖併踏(重心在左足)

3&4 Cross step Right over Left. Step Left to Left side. Cross step Right over Left. 右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

5 – 6 Step Left to Left side. Touch Right toe beside Left.
左足左踏, 右足趾併點

&7 Step ball of Right to Right side and Slightly back. Cross step Left over Right. 右足略右後踏, 左足於右足前交叉踏

8 Make 1/4 turn Left stepping back on Right. (Facing 9 o'clock)
左轉90度右足後踏(面向9點鐘)

第四段 Back Rock. Left Shuffle 1/2 Turn Right. 1/4 Turn Right. Touch. 1/4 Turn Left. Scuff. 後下沉, 右轉交換, 右1/4, 點, 左1/4, 擦踢

1 – 2 Rock back on Left. Rock forward on Right.
左足後下沉, 右足前回復

3&4 Left shuffle making 1/2 turn Right stepping Left. Right. Left. (Facing 3 o'clock) 右180度轉交換-左, 右, 左(面向3點鐘)

- 5 – 6 Make 1/4 turn Right stepping Right to Right side. Touch Left toe beside Right. 右轉90度右足右踏, 左足趾併點
- 7 – 8 Make 1/4 turn Left stepping forward on Left. Scuff Right forward. (Facing 3 o'clock) 左轉90度左足前踏, 右足前擦踢

第五段 Right Jazz Box Cross. Chasse Right. Cross. Unwind 1/2 Turn Left. 爵士方塊交叉, 右追步, 交叉, 左繞轉

- 1 – 4 Cross step Right over Left. Step back on Left. Step Right to Right side. Cross step Left over Right. 右足於左足前交叉踏, 左足後踏, 右足右踏, 左足於右足前交叉踏
- 5&6 Step Right to Right side. Close Left beside Right. Step Right to Right side. 右足右踏, 左足併踏, 右足右踏
- 7 – 8 Cross Left behind Right. Unwind 1/2 turn Left. (Weight on Left) (Facing 9 o'clock) 左足於右足後交叉踏, 左繞轉180度(重心在左足)(面向9點鐘)

第六段 Right Jazz Box Cross. Side Step Right. Together. Right Shuffle Forward. 爵士方塊交叉, 右大步併, 前交換

- 1 – 4 Cross step Right over Left. Step back on Left. Step Right to Right side. Cross step Left over Right. 右足於左足前交叉踏, 左足後踏, 右足右踏, 左足於右足前交叉踏
- 5 – 6 Long step Right to Right side. Slide/Drag Left beside Right. (Weight on Left) 右足右一大步, 左足拖併踏(重心在左足)
- 7&8 Right shuffle forward stepping Right. Left. Right. 前交換-右, 左, 右

第七段 Forward Rock. Triple Full Turn Left. Forward Rock. Out-Out. Step Back. 下沉 回復, 左三步轉圈, 下沉 回復, 外 外, 後踏

- 1 – 2 Rock forward on Left. Rock back on Right. 左足前下沉, 右足後回復
- 3&4 Triple step Full turn Left (on the spot) stepping Left. Right. Left. 小三步原地左轉圈-左, 右, 左
- 5 – 6 Rock forward on Right. Rock back on Left. 右足前下沉, 左足後回復
- &7 – 8 Jump back stepping Right out to Right side. Step Left out to Left side. Step back on Right. 右足右後跳, 左足左踏, 右足後踏

第八段 Step Back. Sweep. Behind & Step Forward. Forward Rock. Left Shuffle 1/2 Turn Left. 後踏, 繞, 後 旁 前, 下沉回復, 轉交換

- 1 – 2 Step back on Left. Sweep Right out and around from front to back. 左足後踏, 右足由前繞至後
- 3&4 Cross Right behind Left. Step Left to Left side. Step forward on Right. 右足於左足後交叉踏, 左足左踏, 右足前踏
- 5 – 6 Rock forward on Left. Rock back on Right. 左足前下沉, 右足後回復
- 7&8 Left shuffle making 1/2 turn Left stepping Left. Right. Left. (Facing 3 o'clock) 左180度轉交換-左, 右, 左(面向3點鐘)
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