Kick the Chair



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Lynn Card (USA) - November 2014 音樂: Don't Kick the Chair by Dia Frampton



(No Tags, No Restarts)

Kick, Kick, &Point, Flick with 1/4 Turn Left, Shuffle L, R, L, 1/4 Pivot Turn to Left

1,2&3,4 Kick R forward twice, Replace R next to L, Point L to left side, Flick L behind right leg and

make a ¼ turn to the left as you flick (9 o'clock)

5&6,7,8 Step L forward, Step R next to L, Step L forward, Step R forward and pivot ¼ to left, Recover

L to left side (6 o'clock)

Cross, Hold, Ball Cross Rock, Out Out, Clap Clap, Hold, Ball Step

1,2&3,4 Cross R over L, Hold, Step L to left side, Rock R over L, recover L in place

&5&6,7&8 Step R out to right side, Step L out to left side(shoulder width apart), Clap, Clap, Hold, Step R

at center, Step L forward

Step Forward, Point Left, Behind Side Cross, Rock/Push Right, Recover Left, 3/4 Triple Turn to Right

1,2,3&4 Step R forward, Point L to left side, Cross L behind R, Step R to right side, Cross L over R
5,6,7&8 Rock and push off R at right side(to give yourself momentum), Recover L at left side, Turn 3/4

turn to right stepping R, L, R (3 o'clock)

Cross, Back, Back, Lock, Back, Right Coaster Step, Brush, Light Hop Left, Touch Right

1,2,3&4 Cross L over R, Step R back, Step L back, Cross R over L, Step L back

5&6,7&8 Step R back, Step L back next to R, Step R forward, Lightly brush ball of L, Lightly hop onto L

to left side, Touch R next to L keeping weight on L

(Start over)

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