

Snog, Marry or Avoid ?

COPPER **KNOB**
BY STEPHEN

拍數: 40 牆數: 4 級數: Improver
編舞者: Ross Brown (ENG) - November 2014
音樂: That's Me - ABBA : (CD: Various CDs - Length - 3:15)



Intro : 32 Counts (Approx. 15 Secs)

Tag : At the end of Wall 2, repeat the last Section facing BACK WALL.

WALK, WALK. BALL ¼ TURN L. CROSS SHUFFLE. SIDE ROCK. BEHIND, SIDE, CROSS.

1 – 2 Walk forward; right, left.
& Make a ¼ turn left stepping right next to left.
3 & 4 Cross step left over right, close right up to left, cross step left over right.
5 – 6 Rock right to the right, recover onto left.
7 & 8 Cross step right behind left, step left to the left, cross step right over left. (9 O'CLOCK)

SIDE, TOGETHER. SHUFFLE FORWARD. ROCK FORWARD. STEP ½ TURN R, SIDE ¼ TURN R.

1 – 2 Step left to the left, step right next to left.
3 & 4 Step forward with left, close right up to left, step forward with left.
5 – 6 Rock forward with right, recover onto left.
7 – 8 Make a ½ turn right stepping forward with right, make a ¼ turn right stepping left to the left. (6 O'CLOCK)

BEHIND, KICK, BALL. CROSS, SIDE. BEHIND, KICK, BALL. CROSS ROCK.

1 – 2 & Cross step right behind left, kick left foot forward to left diagonal, step left next to right.
3 – 4 Cross step right over left, step left to the left.
5 – 6 & Cross step right behind left, kick left foot forward to left diagonal, step left next to right.
7 – 8 Cross rock right over left, recover onto left. (6 O'CLOCK)

EXTENDED CHASSE RIGHT. JAZZ BOX ¼ TURN L with SCUFF.

1 & 2 & Step right to the right, close left up to right, step right to the right, close left up to right.
3 & 4 Step right to the right, close left up to right, step right to the right.
5 – 6 Cross step left over right, make a ¼ turn left stepping back with right.
7 – 8 Step left to the left, scuff right foot forward. (3 O'CLOCK)

ROCK FORWARD. TRIPLE FULL TURN R. ROCK FORWARD. COASTER STEP.

1 – 2 Rock forward with right, recover onto left.
3 & 4 Make a full turn right (on the spot) stepping; right, left, right.
5 – 6 Rock forward with left, recover onto right.
7 & 8 Step back with left, step right next to left, step forward with left. (3 O'CLOCK)

Alternative : □Counts 3 & 4 can be replaced with a right COASTER STEP for non-turners.

END OF DANCE!

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