

I Am In Love

COPPER KNOB
STEPSHEETS

拍數: 96 牆數: 4 級數: Phrased Intermediate
編舞者: Nancy Lee (MY) - November 2014
音樂: No Mas Amor "By" Willie Nelson & Alison Krauss



Intro : 32 Count

Sequence : A, B, A, B, A, B, A, A-16 (repeat Sec 7 & 8) B

Seq: 64/32/64/32/64/32/64/16/32

→Part A – 64 Count

Section A1: [1-8] R Fwd, Drag L, Walk L, R, L Fwd , Reverse ½ Turn R, Sweep R front to back, Step R, Hold

1-2 R Fwd, Drag L toward R

3-4 Walk L, R

5-8 L Fwd (5) ,reverse ½ Turn R, Sweep R front to back (6), Step R Behind L , Hold (8) (6:00)

Section A2: [9-16] L Fwd, Drag R, Walk R, L, R Fwd , 5/8 Reverse Turn L, L Sweep Coaster

1-2 L Fwd, Drag R toward L

3-4 Walk R, L

5-6 R Fwd (5), 5/8 Reverse Turn L , Sweep L front to back (6)

7&8 L Coaster Step (10:30)

Section A3: [17-24] R Rocking Chairs, R Fwd, Spiral Full Turn Left, L Fwd, R Touch To R

1-4 R Rocking Chairs□(10:30)

5-6 R Fwd (5), Spiral Full Turn L (6)

7-8 L Fwd, R Touch To R side (Square up to 9:00)

Section A4: [25-32] R Step Back, Hook L, L Step Fwd, Sweep R ,Rhonde ½ Turn L, Cross R, Point L, Cross L, Point R

1-2 R Step Back, Hook L over R

3-4 L Fwd, Rhonde ½ Turn L ,sweeping right foot around to the front Touch R Toe next to L (6) (3:00)

5-6 Cross R over L , Point L to L

7-8 Cross L over R , Point R to R

Section A5: [33-40] Behind, Side, Cross, Recover, Large R , Hold, L Back Flick, Point L to L

1-4 Cross R behind L, Step L to L, Cross R over L, Recover on L

5-8 R large step to R, Hold , L back Flick, Point L to L side (3:00)

Section A6: [41-48] Hitch L , L Cross over R, Hitch R, R Cross over L, ¼ Turn R, Hitch L , L Cross over R, Hitch R, R Cross over L

1-4 Hitch L, L Cross over R, Hitch R, R Cross Over L

5-8 ¼ Turn R, Hitch L, L Cross over R, Hitch R, R Cross Over L (6:00)

Section A7 * [49-56] Step L to side, R Together L, Step L Back, R Back Flick, Step R Back , L Back Flick, Step Back L, R Back Flick

1-4 Step L to L, Step R Together, Step L Back, R Back Flick

5-8 R Step Back, L Back Flick, Step Back L, R Back Flick (6:00)

Section A8 * [57-64] R Rock Back, Recover L, Side Steps x2 , ¼ Turn L, Side Steps

1-2 R Rock Back, Recover on L

3-4 Step R to R , Step L Together R

5-6 Repeat 3-4

7-8 ¼ Turn L , Step R to R , Step L Together R (3:00)

(** Wall 8 – Short - 16 Count ~ Do Sec 7 & 8)

Part B - (32 Count)

Section B1: [1-8] □ Step R Back, Hook L, L Shuffle Fwd, Rock R Fwd, Recover L, ½ Turn R, R Shuffle Fwd

1-2 Step R Back, Hook L over R
3&4 L Shuffle Fwd
5-6 R Rock Fwd, Recover On L
7&8 ½ Turn R , R Shuffle Fwd (9:00)

Section B2: [9-16] L Fwd, ¾ Turn R, Large Step L to L, Touch R, Hips Sway RLRL

1-4 Step L Fwd, ¾ Turn R, Step down R, L large step to L, Touch R beside L (6:00)
5-8 Hips Sway RLRL (6:00)

Section B3: [17-24] 1/8 Turn L, Step R Fwd, Hold x 2, ½ Turn L ,Sit , Bend , R Hand Touch L Ankle, Sliding up R Hand, Step L

1-4 1/8 Turn L (4:30), Step R Fwd (1), Hold (2, 3), ½ Turn L, Sit, Weight on R (4) (10:30)
5-8 Bend down, R hand touch L ankle, Sliding Up slowly (5,6,7,) straighten up Left knee (8), now in standing position ,Weight on L

Section B4: [25-32] □ Step R Fwd, ½ Turn L , Hook L, L Shuffle Fwd, R Cross Rock , Recover , 1/8 Turn R, R Step To Side, L Fwd

1-2 Step R Fwd, ½ Turn L, Hook L over R
3&4 L Shuffle Fwd (4:30)
5-8 Cross Rock R , Recover on L , 1/8 Turn R , Step R to R , Step L Fwd □(6:00)

Happy Dancing !!

For Song & Step sheet, please contact: Email : swan9198@gmail.com
