Down to the River EZ



拍數: 32 牆數: 4 級數: Beginner

編舞者: Judy Rodgers (USA) - November 2014

音樂: Going Down To The River - Doug Seegers, Jill Johnsson & Magnus Carlson



Intro: 16 counts - (Not perfectly phrased....used with no tags or restarts for beginners)

Walk, walk, out, out, hold/clap, dip, point, dip, point□

1-2 Walk R, walk L

&3-4 Step R to R side (&), step L to left side (3), hold (4) (clap or snap fingers on hold)

5-6 Dip right (shift weight to R facing left diagonal), point L fwd to left diagonal 7-8 Dip left (shift weight to L facing right diagonal), point R fwd to right diagonal

Cross, turn 1/4 R, rock, recover, funky toe strut R & L

1-2 Cross R over L, turn ¼ right step L back [3:00]

3-4 Rock R back, recover L

Touch R toe fwd as you push R hip up, step down on RTouch L toe fwd as you push L hip up, step down on L

Rock, recover, coaster step, step pivot ½, step, touch

1-2 Rock R fwd, recover L

3&4 Step R back, step L beside R, step R fwd
5-6 Step L fwd, pivot ½ right step R fwd [9:00]
7-8 Step L fwd, touch R toe to back of L heel

& heel & toe, walk 1/2 circle left, bump, bump

&1&2 Step R back (&), touch L heel fwd (1), step L back beside R (&), touch R beside L (2)

(easier option: 1-2 rock R back, recover L)

3-6 Walk R L R L moving in ½ circle to left [3:00]

7-8 Bump hips R L (weight on L)

Ending: When you start Wall 10 (3rd time at 3:00):

dance thru the step pivot ½ (counts 5-6 of section 3), then touch L beside R and smile!

^{**} Thanks to Christine Heinrich for suggesting a beginner dance to this music! **