

Just The Way (就是這樣) (zh)

COPPER KNOB
STYLEDANCE

拍數: 32 牆數: 4 級數: Beginner
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音樂: The Way Love Goes - Lemar



前奏: Start Dance 32 Count intro 32拍後起跳

第一段 **¼ Turn Dip, Dip Point, Side Rock, Cross Shuffle.**
轉1/4蹲, 蹲點, 右下沉, 交叉交換

- 1-2 Step fwd on right, bend knees & turn ¼ left point left toe to left side as you straighten up.
右足前踏, 彎膝左轉90度左足趾左點站直
- 3-4 Bend knees, point right toe to right side as you straighten up.
彎膝, 站直右足趾右點
- 5-6 Rock right to right side, recover on left.
右足右下沉, 左足回復
- 7&8 Cross right over left, step left to left side, cross right over left.
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

第二段 **¼ Turn Side, Shuffle Fwd, Rocking Chair.**
踏 轉1/4, 前交換, 搖椅步

- 1-2 Step left to left side, turn ¼ right stepping right to right side.
左足左踏, 右轉90度右足右踏
- 3&4 Shuffle fwd on left, right, left.
前交換-左, 右, 左
- 5-6 Rock fwd on right, recover weight back on left.
右足前下沉, 左足回復
- 7-8 Rock back on right, recover fwd on left.
右足後下沉, 左足回復

RESTART the dance from beginning DURING wall 4
第四面牆跳至此, 從頭起跳

第三段 **Heel Hold, & Heel & Heel & Pivot ½ Turn, Shuffle**
踵 候, 併 踵收踵收 踏轉 前交換

- 1-2 Touch right heel fwd, hold for a beat.
右足踵前點, 候
- &3&4 Step right next left, touch left heel fwd, step left next right, touch right heel fwd.
右足併踏, 左足踵前點, 左足併踏, 右足踵前點
- &5-6 Step right next left, step fwd on left, turn ½ turn right.
右足併踏, 左足前踏, 右轉180度
- 7&8 Shuffle fwd on left, right, left.
前交換-左, 右, 左

第四段 **Step ¼ Turn Point & Point ¼ Hitch, Step ¼ & ½ Weave Point.**
踏 1/4點 併點 1/4抬 踏 1/4 併 1/2 點

- 1-2 Step fwd on right, turn ¼ right pointing left toe to left side.
右足前踏, 右轉90度左足趾左點
- &3-4 Step left next right, point right toe to right side, turn ¼ right hitching right foot across left knee.
左足併踏, 右足趾右點, 右轉90度右足於左膝前抬
- 5-6 Step fwd on right, turn ¼ right stepping left to left side.
右足前踏, 右轉90度左足左踏
- &7-8 Step right behind left, turn ¼ stepping fwd on left, ¼ left pointing right toe to right side.
右足於左足後踏, 左轉90度左足前踏, 左轉90度右足趾右點

