

# The Remix - (The Easier Remix)

**COPPER KNOB**  
STEP SHEETS

拍數: 40      牆數: 2      級數: Beginner / Improver  
編舞者: Ben Heggy (USA) - October 2014  
音樂: Remix (I Like The) - New Kids On the Block : (Album: 10)



Start: □ 16 counts from the "Whoaa" , approx 10 sec.

This dance is an easier floor split for Yvonne Anderson & Karl-Harry Winson's wonderful dance "The Remix"

Dance: (Verse) 40 counts

## S1 (1-8) Walk forward; Walk Forward; Hitch; Back; Sit; Stand; Sit; Stand;

1-2            (1)Step right forward (2)Step left forward;  
3-4            (3)Hitch right knee; (4)Step right back;  
5-6            (5)Sit back onto right; (6)Stand back up taking weight onto left;  
7-8            (7)Sit back onto right; (8)Stand back up taking weight onto left;

Restart here on wall 4, you will be facing 6:00

## S2 (9-16) Step; Pivot ¼; Cross rock; Recover; Side; Hold; Ball; Side; Touch;

1-2            (1)Step right forward; (2)Turn ¼ left, weight to left; [9:00]  
3-4            (3)Cross rock right over left; (4)Recover weight to left;  
5-6            (5)Step right to the side; (6)Hold;  
&7-8          (&)Step ball of left next to right; (7)Step right to the side; (8)Touch left next to right;

## S3 (17-24) Side; Hold; Ball; Side; Touch; Rocking chair;

1-2            (1)Step left to the side; (2)Hold;  
&3-4          (&)Step ball of right next to left; (3)Step left to the side; (4)Touch right next to left;  
5-6            (5)Rock forward right; (6)Recover weight to left;  
7-8            (7)Rock backward right; (8)Recover weight to left;

## S4 (25-32) Step; Pivot ¼; Step; Pivot ¼; Weave left;

1-2            (1)Step right forward; (2)Turn ¼ left, weight to left; [6:00] (styling: roll hips)  
3-4            (3)Step right forward; (4)Turn ¼ left, weight to left; [3:00] (styling: roll hips)  
5-6            (5)Cross right over left; (6)Step left to the side;  
7-8            (7)Cross right behind left; (8)Step left to the side;

## S5 (33-40) Point; Cross hitch; Point; Cross hitch; Vine right w/ ¼ turn;

1-2            (1)Point right to the side; (2)Hitch right across left;  
3-4            (3)Point right to the side; (3)Hitch right across left;  
5-6            (5)Step right to the side; (6)Cross left behind right;  
7-8            (7)Turn ¼ right and step right forward; [6:00] (8)Step left forward;

Repeat

Restart: On wall 4, dance the first 8 counts and start over, you will be facing 6:00 when the restart happens.

Ending: On wall 10, you will dance up through count 16 – Side; Hold; Ball; Side; Touch....then sharply turn ¼ turn right and step/stomp left to the side and strike a pose.

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