

# The Story Of My Life

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Larry Schmidt (USA) - October 2014  
音樂: Story of My Life - One Direction



#32 count intro. Start on vocals - No Tags Or Restarts.

## [1-8] CROSS, BACK, TRIPLE RIGHT, CROSS, ¼ BACK, TRIPLE W/ ¼ TURN

1, 2      Step right across left, Step left back,  
3&4      Step right foot right, Step left next to right, Step right foot right,  
5, 6      Step left foot across right, Turn ¼ left stepping back onto right (9:00)  
7&8      Step left foot left, Step right next to left, Turn ¼ left stepping forward onto left (6:00).

## [9-16] □ FORWARD ROCK, BACK ROCK, ¼ TURN, ½ TURN, TRIPLE W/ ½ TURN

1, 2      Rock forward onto right foot, Recover weight to left  
3, 4      Rock back onto right foot, Recover weight to left  
5, 6      Turn ¼ right stepping forward onto right, Turn ½ right stepping back into left (3:00)  
7&8      Turn ¼ right stepping right foot to side, Step left foot next to right, Turn ¼ right stepping forward onto right (9:00)

## [17-24] □ ROCK, RECOVER, TRIPLE W/ ¼ TURN, ROCK, RECOVER, TRIPLE W/ ¼ TURN

1, 2      Rock forward onto left, Recover weight to right,  
3&4      Turn ¼ left onto left, Step right next to left, Step left foot left (6:00)  
5, 6      Rock right foot across left, Recover weight to left,  
7&8      Step right foot right, Step left next to right, Turn ¼ right stepping forward on right (9:00)

## [25-32] □ ROCK, RECOVER, BACK, TOUCH BACK, ½ TURN, STEP, KICK-BALL-CHANGE

1, 2      Rock forward onto left, Recover weight to right  
3, 4      Step left foot back, Touch right toe back  
5, 6      Turn pivot ½ right onto right foot, Step left foot forward (3:00)  
7&8      Kick right foot forward, Step on ball of right foot, Step left foot slightly forward.

**REPEAT**

**ENDING:** The music will end during the first 4 counts of the dance. To finish facing 12:00;  
Change the 1st 4 counts to CROSS, (1), BACK (2), TRIPLE w/ ½ turn to the front. □

**ENJOY**

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