

Some Girls

拍數: 64 牆數: 4 級數: High Beginner
編舞者: Jo Kinser (UK) & John Kinser (UK) - October 2014
音樂: Some Girls - Racey



Intro: Start on the vocals 48 counts in, (0.16) No Tags, No Restarts.

Intro: If you want to do the Introduction Piano Section of the dance, start the Piano section 32 counts in (0.11). If not, start on the vocals to begin the dance 48 counts in (0:16), Some Girls will...

Introduction – Piano Section

[1-16]□Out – Hold, In – Hold, Out – Hold, Shimmy X4

1-8 Run: Step-Out RLR in place (1&2), Hold (3&4), Run; Step-In LRL in place (5&6), Hold (7&8)
9-16 Run: Step-Out RLR in place (1&2) – weight centered, Hold (3&4), Shimmy (5&6,7,8)

[1-8]□Rt Heel Grind Fwd, Lt Heel Grind Fwd, Stomp Fwd – Toe Fan X3

1,2 Step the Rt heel fwd with toes turned in, Swivel your foot to the Rt (weight Rt)
3,4 Step the Lt heel fwd with toes turned in, Swivel your foot to the Lt (weight Lt)
5,6,7,8 Stomp the Rt foot fwd, weight still Lt (5), Fan your Rt foot to the Rt, Lt, Rt

[9-16]□Cross-Hold, Back-Hold, Side Together Side, Hold

1,2,3,4 Step Rt across Lt, Hold, Step Lt back, Hold
5,6 Step Rt to Rt, Step Lt next to Rt
7,8 Step Rt to Rt, Hold

[17-24]□Cross-Hold, Back-Hold, Back Together Back, Touch

1,2,3,4 Cross Lt over Rt, Hold, Step Rt back, Hold
5,6 Open your body to the Lt slightly and step Lt back, Step Rt next to Lt
7,8 Step Lt back still at an angle, Touch Rt next to Lt

[25-32]□Rt Fwd, Touch (Clap), Lt Fwd, Touch (Clap), Step Rt Fwd, Hold, 1/2 Turn, Hold

1,2 Square back up to (12:00) and step Rt fwd, Touch Lt next to Rt and Clap
3,4 Step Lt fwd, Touch Rt next to Lt and Clap
5,6,7,8 Step Rt fwd, Hold, Pivot 1/2 turn Lt (weight Lt) (6:00), Hold

[33-40]□Rt Lock Fwd, Hold, Lt Lock Fwd, Hold

1,2,3,4 Step Rt fwd, Lock Lt behind Rt, Step Rt fwd, Hold
5,6,7,8 Step Lt fwd, Lock Rt behind Lt, Step Lt fwd, Hold

[41-48]□Charleston Step

1,2,3,4 Touch Rt fwd, Hold, Step Rt back, Hold
5,6,7,8 Touch Lt toe back, Hold, Step Lt fwd, Hold

[49-56]□Stomp, Stomp, Monterey 1/4 Turn Rt, Heel Splits

1,2 Stomp Rt next to Lt, Stomp Lt next to Rt
3,4,5,6 Point Rt to Rt, Make 1/4 turn Rt (9:00) stepping Rt next to Lt, Point Lt to Lt, Step Lt next to Rt
7,8 With the weight on the balls of your feet, split your heels out, Bring them back to centre (weight Lt)

[57-64]□Walk Fwd, Stomp-Hold, Heel Bounce 1/2 Turn Lt

1,2,3,4 Walk fwd Rt, Lt, Stomp Rt foot fwd, Hold
5,6,7,8 Make 1/2 turn Lt in place as you bounce your heels X4 (3:00) (weight Lt)

Enjoy!

Contact: Jo Kinser (UK) jo@jjkdancin.com & John Kinser (US) JohnKinser@me.com
