

# Ruined

COPPER KNOB  
STEPSHEETS

拍數: 48                      牆數: 2                      級數: Intermediate  
編舞者: Dan Morrison (CAN) - October 2014  
音樂: Ruined - Victoria Banks



**Intro: 16 Counts, Start on first downbeat**

**Restart: During Wall 3 (12 o'clock) only do the first 16 Counts, then start again.**  
**Tag: Before starting Wall 7 (12 o'clock), do the Tag, then start again.**

## **Kick-Ball-Change, Rock-Recover, Shuffle, Coaster**

1&2                      Kick R forward (1) Step R back (&) Step R forward (2)  
3-4                      Rock R forward (3) Recover onto L (4)  
5&6                      R Shuffle back (R,L,R)  
7&8                      Step L back (7) Step R beside L (&) Step L forward (8)

## **1/4 Pivot, Cross-Shuffle, Rock-Recover, 1/4 Sailor**

1-2                      Step R forward (1) 1/4 Pivot L, wt on L (2)  
3&4                      Step R over L (3) Step L side L (&) Step R over L (4)  
5-6                      Rock L side L (5) Recover onto R (6)  
7&8                      Step L behind R (7) 1/4 L, Step R beside L (&) Step L side L (8)

## **RESTART DURING WALL 3**

## **Cross, Side, Behind, Heel-Jack, Rock-Recover, Heel-Jack, Ball-Cross**

1-3                      Step R over L (1) Step L side L (2) Step R behind L (3)  
&4&                      Step L back (&) Touch R forward (4) Step R beside L (&)  
5-6                      Rock L forward (5) Recover onto R (6)  
&7&8                      Step L back (&) Touch R forward (7) Step R beside L (&) Step L over R (8)

## **Side, Behind, 1/4 Shuffle, 1/2 Pivot, Hat-Dance**

1-2                      Step R side R (1) Step L behind R (2)  
3&4                      Step R side R (3) Step L beside R (&) Step R 1/4 R (4)  
5-6                      Step L forward (5) 1/2 Pivot R, wt on R (6)  
7&8&                      Touch L forward (7) Step L beside R (&) Touch R forward (8) Step R beside L (&)

## **Oz Steps, Rock-Recover, 3/4 Shuffle**

1-2&                      Step L forward (1) Lock R behind L (2) Step L beside R (&)  
3-4&                      Step R forward (3) Lock L behind R (4) Step R beside L (&)  
5-6                      Rock L forward (5) Recover onto R (6)  
7&8                      1/2 turn L, Step L forward (7) Step R beside L (&) 1/4 turn L, Step L over R (8)

## **Rock-Recover, Behind-Side-Cross, Rock-Recover, Behind-Side-Cross**

1-2                      Rock R side R (1) Recover onto L (2)  
3&4                      Step R behind L (3) Step L side L (&) Step R over L (4)  
5-6                      Rock L side L (5) Recover onto R (6)  
7&8                      Step L behind R (7) Step R side R (&) Step L over R (8)

## **TAG: Rocking-Horse**

1-4                      Rock R forward (1) Recover onto L (2) Rock R back (3) Recover onto L (4)

**HAVE FUN AND ENJOY**

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