

Ruined

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Dan Morrison (CAN) - October 2014
音樂: Ruined - Victoria Banks



Intro: 16 Counts, Start on first downbeat

Restart: During Wall 3 (12 o'clock) only do the first 16 Counts, then start again.
Tag: Before starting Wall 7 (12 o'clock), do the Tag, then start again.

Kick-Ball-Change, Rock-Recover, Shuffle, Coaster

1&2 Kick R forward (1) Step R back (&) Step R forward (2)
3-4 Rock R forward (3) Recover onto L (4)
5&6 R Shuffle back (R,L,R)
7&8 Step L back (7) Step R beside L (&) Step L forward (8)

1/4 Pivot, Cross-Shuffle, Rock-Recover, 1/4 Sailor

1-2 Step R forward (1) 1/4 Pivot L, wt on L (2)
3&4 Step R over L (3) Step L side L (&) Step R over L (4)
5-6 Rock L side L (5) Recover onto R (6)
7&8 Step L behind R (7) 1/4 L, Step R beside L (&) Step L side L (8)

RESTART DURING WALL 3

Cross, Side, Behind, Heel-Jack, Rock-Recover, Heel-Jack, Ball-Cross

1-3 Step R over L (1) Step L side L (2) Step R behind L (3)
&4& Step L back (&) Touch R forward (4) Step R beside L (&)
5-6 Rock L forward (5) Recover onto R (6)
&7&8 Step L back (&) Touch R forward (7) Step R beside L (&) Step L over R (8)

Side, Behind, 1/4 Shuffle, 1/2 Pivot, Hat-Dance

1-2 Step R side R (1) Step L behind R (2)
3&4 Step R side R (3) Step L beside R (&) Step R 1/4 R (4)
5-6 Step L forward (5) 1/2 Pivot R, wt on R (6)
7&8& Touch L forward (7) Step L beside R (&) Touch R forward (8) Step R beside L (&)

Oz Steps, Rock-Recover, 3/4 Shuffle

1-2& Step L forward (1) Lock R behind L (2) Step L beside R (&)
3-4& Step R forward (3) Lock L behind R (4) Step R beside L (&)
5-6 Rock L forward (5) Recover onto R (6)
7&8 1/2 turn L, Step L forward (7) Step R beside L (&) 1/4 turn L, Step L over R (8)

Rock-Recover, Behind-Side-Cross, Rock-Recover, Behind-Side-Cross

1-2 Rock R side R (1) Recover onto L (2)
3&4 Step R behind L (3) Step L side L (&) Step R over L (4)
5-6 Rock L side L (5) Recover onto R (6)
7&8 Step L behind R (7) Step R side R (&) Step L over R (8)

TAG: Rocking-Horse

1-4 Rock R forward (1) Recover onto L (2) Rock R back (3) Recover onto L (4)

HAVE FUN AND ENJOY

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