

Lips Are Movin

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Basic Beginner
編舞者: Annemaree Sleeth (AUS) - October 2014
音樂: Lips Are Movin - Meghan Trainor : (Album: Title - iTunes)



Begin on Lyrics (8 Beats in from Ah!) 22 seconds in

**Sec 1 - 1-8: SIDE TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE TOUCH
(move arms L & R across body)**

1-2 Step R side, step L together ,
3-4 Step R side, touch L together,
5-6 Step L side, step R together,
7-8 Step L side, Touch R tog,

**Sec 2 - 9-16: STEP, TOUCH STEP TOUCH , alternating arms R up L down then other way)
BOOGIE WALKS (shaking hands out to sides raising up)**

1-2 Step R side, touch L together
3-4 Step L side , touch R toe side (for styling angle toe touch dia L
5-6 Twisting feet forward, R, L,
7-8 Twisting feet forward, R,L

Sec 3 - 17- 24:STEP FORWARD, HOLD, RECOVER HOLD, STEP BACK, HOLD,RECOVER

1-2 Step R forward bending both knees forward , hold (shimmy shoulders forward)
3-4 Recover L, hold (shimmy to recover)
5-6 Step R back bending both knees (shimmy shoulders back),
7-8 Recover L , hold (shimmy to recover (weight L)

Sec 4 - 25 –32: TINY PIVOT/8 L, TINY PIVOT 1/8L, JUMPS FORWARD AND BACK ,CLAPS

1-2 Step R fwd 1/8 pivot L, 9.00
3-4 Step R fwd ,1/8 pivot L
&5-6 Jump R fwd., jump L beside R, clap both hands
&7-8 Jump R back, jump L beside R, clap both hands

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