

Tick Tock Two

COPPER KNOB
BY STEPHEN BRETZ

拍數: 64 牆數: 4 級數: Improver
編舞者: Rachael McEnaney (USA) - October 2014
音樂: Tick Tock - Si Cranstoun : (iTunes)



Count In: 16 counts from start of track, begin on vocals. Approx 184bpm (with fast count), or 92bpm (slow count)

Notes: 1 Restart on 3rd wall. Do first 40 counts then restart facing 6.00

[1 – 8] R heel hook x 2, R shuffle, hold

1 2 3 4 Touch R heel forward (1), hook R in front of left shin (2), touch R heel forward (3), hook R in front of left shin (4) 12.00

5 6 7 8 Step forward R (5), step L next to R (6), step forward R (7), hold (8) 12.00

[9 – 16] L rocking chair, L shuffle, hold

1 2 3 4 Rock forward L (1), recover weight to R (2), rock back L (3), recover weight to R (4) 12.00

5 6 7 8 Step forward L (5), step R next to L (6), step forward L (7), hold (8) 12.00

[17 – 24] Fwd R, hold with snap, pivot ½ turn L, hold with snap.....REPEAT

1 2 3 4 Step forward R (1), hold as you snap fingers (2), pivot ½ turn left (weight ends left) (3), hold as you snap fingers (4) 6.00

5 6 7 8 Step forward R (5), hold as you snap fingers (6), pivot ½ turn left (weight ends left) (7), hold as you snap fingers (8) 12.00

[25 – 32] Weave to right, side R with shimmy, hold, L back rock

1 2 3 4 Step R to right (1), cross L behind R (2), step R to right (3), cross L over R (4) 12.00

5 6 Take big step to right side with R as you shimmy shoulders (option) (5), hold but continue shimmy (option) (6) 12.00

7 8 Rock back L (7), recover weight to R (8) 12.00

[33 – 40] L side toe strut, R crossing toe strut, side L, R back rock

1 2 3 4 Touch L toe to left (1), drop L heel taking weight (2), cross R toe over L (3), drop R heel taking weight (4) 12.00

5 6 7 8 Step L to left (or you could do another L toe strut) (5), hold (or finish toe strut) (6), rock back R (7), recover weight to L (8) 12.00

RESTART: You will Restart here on the 3rd wall. 3rd wall begins facing 6.00, do first 40 counts then Restart facing 6.00

[41 – 48] Heel strut fwd R-L, jump fwd R-L (easy alt), clap, hip bump R-L

1 2 3 4 Touch R heel forward (1), drop R toe taking weight (2), touch L heel forward (3), drop L toe taking weight (4) 12.00

& 5 6 Step R forward to right diagonal (&), step L to left (feet shoulder width apart) (5), clap hands (6)

EASY ALTERNATIVE: If this is too fast for some dancers step R forward to right diagonal (5), step L to L (6) 12.00

7 8 Bump R hip to right (7), bump L hip to left (weight ends L) (8) 12.00

[49 – 56] R fwd rock, R side rock, R sailor step with ¼ turn R, hold

1 2 3 4 Rock R forward (1), recover weight to L (2), rock R to right (3), recover weight to L (4) 12.00

5 6 7 8 Cross R behind L (5), make ¼ turn right stepping L next to R (6), step forward R (7), hold (8) 3.00

[57 – 64] Syncopated lock steps fwd, hold

1 2 3 Step L forward to left diagonal (1), lock R behind L (2), step L forward to left diagonal (3), 3.00
4 5 6 7 8 Step R forward to right diagonal (4), lock L behind R (5), step R forward to right diagonal (6), step L forward (7), hold (8) 3.00

Ending: The 8th wall is the last wall and begins facing 6.00 dance up to count 24, then do the following weave...slower with music

Step R to right (1), cross L behind R (2), step R to right (3), cross L over R (4), step R to right (5), cross L behind R (6), step R to right (7), cross L over R (8). Point R to right side (1), cross R over L (2), unwind slow ½ turn to the front – jazz hands

START AGAIN - HAPPY DANCING

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format.

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