

Washed In The Water

COPPERKNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Rachael McEnaney (USA) & Jo Thompson Szymanski (USA) - October 2014
音樂: Something in the Water - Carrie Underwood : (Single - iTunes)



Count In: 32 counts from start of track (Start on lyrics). Approx 138bpm. (No Restarts or Tags)

[1 – 8] Fwd R, sweep L, cross L, side R, rock back L, 2x ¼ turns R

1 2 3 4 Step forward R as you sweep L out to left (1), continue to sweep L forward (2), cross L over R (3), step R to right (4) 12.00
5 6 7 8 Rock back L (5), recover weight to R (6), make ¼ turn right stepping back L (7), make ¼ turn right stepping R to right (8) 6.00

[9 – 16] Fwd L, point/sweep R, fwd R, point/sweep L, fwd L, touch R behind L, back R, ½ turn L

1 2 Step forward L (slightly across R) (1), point R to right (or you can sweep R on soft music section, or just hold for a walk) (2) 6.00
3 4 Step forward R (slightly across L) (3), point L to left (or you can sweep L on soft music section, or just hold for a walk) (4) 6.00
5 6 Step forward L (5), touch R crossed behind L (the touch is all the way behind L almost like a curtsy – body will be angled to 7.30) (6) 7.30
7 8 Step back R (squaring up to 6.00) (7), make ½ turn left stepping forward L (8) 12.00

[17 – 24] ½ turn L stepping back R with L sweep, behind L, side R, cross rock L, side L, cross R

1 2 3 4 Make ½ turn left stepping back R as you sweep L out to left (1), continue sweep L to back (2), cross L behind R (3), step R to right (4) 6.00
5 6 7 8 Cross rock L over R (5), recover weight to R (6), step L to left (7), cross R over L (8) 6.00

[25 – 32] Side L, touch R, side R, touch L, ¼ turn L, ¼ turn L stepping side R, behind L, ¼ turn R

1 2 Step L to left as you sway upper body left (1), touch R next to L (2) 6.00
3 4 Step R to right as you sway upper body right (3), touch L next to R (4) 6.00
5 6 Make ¼ turn left stepping forward L (5), make ¼ turn left stepping R to right (6), 12.00
7 8 Cross L behind R (7), make ¼ turn right stepping forward R (8) 3.00

[33 – 40] L rocking chair, fwd L, ½ pivot R, ½ turn R stepping back L, kick R

1 2 3 4 Rock forward L (1), recover weight to R (2), rock back L (3), recover weight to R (4) 3.00
5 6 7 8 Step forward L (5), pivot ½ turn right (weight ends R) (6), make ½ turn right stepping back L (7), kick R foot forward (8) 3.00

[41 – 48] Back R, side L, cross R, hold, L ball, cross R, side rock L, cross L

1 2 3 4 Step back R (1), step L to left (2), cross R over L (3), hold (4) 3.00
& 5 6 7 8 Step ball of L to left (&), cross R over L (5), rock L to left (6), recover weight to R (7), cross L over R (8) 3.00

[49 – 56] R extended syncopated chasse, L jazz box

1 2 & 3 4 Step R to right (1), hold (2), step L next to R (&), step R to right (3), hold (4) (roll through hips for styling) 3.00
& 5 6 7 8 Step L next to R (&), step R to right (5), cross L over R (6), step back R (7), step L to left (8) 3.00

[57 – 64] Cross R, side L, behind R, ¼ turn L, fwd R, ½ pivot L, walk fwd R-L (or full turn fwd)

1 2 3 4 Cross R over L (1), step L to left (2), cross R behind L (3), make ¼ turn left stepping forward L (4) 12.00
5 6 Step forward R (5), pivot ½ turn left (weight ends L) (6), 6.00

7 8 Step forward R (7), step forward L (8) Advanced option: make ½ turn left stepping back R (7),
make ½ turn left stepping forward L (8) 6.00

START AGAIN - HAVE FUN

Contacts:-

Rachael : www.dancewithrachael.com - dancewithrachael@gmail.com

Jo: jo.thompson@comcast.net - 720-339-1590
