

Singing All The Way (一路歌唱) (zh)

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Amy Yang (TW) - 2014年10月
音樂: Singing All The Way (一路歌唱) (feat. Zhang Dong Ling [张冬玲]) - A Bao (阿宝)



Intro : 32 counts - Sequence : A B B / A A B B / A A A A

PART A – 32 counts

Sec . A1: TOUCH, HOOK, TOUCH, FLICK, SHUFFLE FORWARD (x2)

1 & 2 & Touch RF heel forward, Hook RF over LF, Touch RF heel forward, Flick RF to R
3 & 4 Step RF forward, Lock LF behind RF, Step RF forward
5 & 6 & Touch LF heel forward, Hook LF over RF, Touch LF heel forward, Flick LF to L
7 & 8 Step LF forward, Lock RF behind LF, Step LF forward
1 & 2 & 右足腳跟前點, 右足勾左足前, 右足腳跟前點, 右足輕彈右側
3 & 4 右足前進踏, 左足鎖於右足後, 右足前進踏
5 & 6 & 左足腳跟前點, 左足勾右足前, 左足腳跟前點, 左足輕彈左側
7 & 8 左足前進踏, 右足鎖於左足後, 左足前進踏

Sec . A2: FORWARD, PIVOT1/4 TURN L, CROSS SHUFFLE, ROCK, RECOVER, BEHIND, SIDE, CROSS

1 - 2 Step RF forward, Pivot 1/4 turn L step on LF (09:00)
3 & 4 Cross RF over LF, Step LF to L, Cross RF over LF
5 - 6 Rock LF to L, Recover onto RF
7 & 8 Step RF behind LF, Step RF to R, Cross LF over RF
1 - 2 右足前踏, 左轉1/4 左足踏 (09:00)
3 & 4 右足交叉左足前, 左足左踏, 右足交叉左足前
5 - 6 左足左踏, 重心回右足
7 & 8 左足交叉右足後踏, 右足右踏, 左足交叉右足前

Sec . A3: FORWARD SHUFFLE (R,L), FORWARD, PIVOT1/2 TURN L, FORWARD SHUFFLE

1 & 2 Step RF forward, Lock LF behind RF, Step RF forward
3 & 4 Step LF forward, Lock RF behind LF, Step LF forward
5 - 6 Step RF forward, Pivot 1/2 turn L step on LF (03:00)
7 & 8 Step RF forward, Lock LF behind RF, Step RF forward
1 & 2 右足前進踏, 左足鎖於右足後, 右足前進踏
3 & 4 左足前進踏, 右足鎖於左足後, 左足前進踏
5 - 6 左足前踏, 左轉1/2左足踏 (03:00)
7 & 8 右足前進踏, 左足鎖於右足後, 右足前進踏

Sec. A4: FULL TURN R, FORWARD SHUFFLE, OUT-OUT, IN-IN

1 - 2 Make 1/2 turn R stepping back on LF, 1/2 turn R stepping forward RF (03:00)
3 & 4 Step LF forward, Lock RF behind LF, Step LF forward
5 - 8 Step RF forward R diagonal, Step LF forward L diagonal, Step RF back to center, Step LF together

[EASY OPTION] 1 - 2 COUNTS : WALK FORWARD (L,R)

1 - 2 右轉1/2左足後踏, 右轉1/2右足前踏
3 & 4 左足前進踏, 右足鎖於左足後, 左足前進踏
5 - 8 右足踏右斜前方, 左足踏左斜前方, 右足後踏, 左足併於右足旁

[容易的選擇] 1 - 2 拍數: 前進走二步 (左足、右足)

PART B – 32 counts

Sec . B1: SIDE, TOGETHER, CHASSE R, CROSS, RECOVER, CHASSE L

1 - 2, 3 & 4 Step RF to R, Step LF together, Step RF to R, Step LF together, Step RF to R

- 5 – 6 Cross LF over RF, Recover onto RF
- 7 & 8 Step LF to L, Step RF together, Step LF to L
- 1 – 2, 3 & 4 右足右踏, 左足併於右足旁, 右足右踏, 左足併於右足旁, 右足右踏
- 5 – 6 左足交叉右足前, 重心回右足
- 7 & 8 左足左踏, 左足併於右足旁, 右足右踏

Sec . B2: WEAVE TOUCH, CROSS, POINT(x2)

- 1 – 4 Cross RF over LF, Step LF to L, Cross RF behind LF, Touch LF to L
- 5 – 8 Cross LF over RF, Point RF to R, Cross RF over LF, Point LF to L
- 1 – 4 右足交叉左足前, 左足左踏, 右足交叉左足後, 左足後掃
- 5 – 8 左足交叉右足後, 右足右踏, 左足交叉右足前, 停拍

Sec . B3: KICK BALL POINT(x2), FORWARD, RECOVER, BACK SHUFFLE

- 1 & 2 Kick LF forward, Step LF together, Point RF to R
- 3 & 4 Kick RF forward, Step RF together, Point LF to L
- 5 – 6 Step LF forward, Recover onto RF
- 7 & 8 Step LF back, Lock RF together, Step LF back
- 1 & 2 左足前踢, 併踏, 側點
- 3 & 4 右足前踢, 併踏, 側點
- 5 – 6 左足前踏, 重心回右足
- 7 & 8 左足後踏, 右足併於左足旁, 左足後踏

Sec. B4: BACK, RECOVER, FORWARD SHUFFLE, FORWARD, PIVOT1/4 TURN R, CROSS SHUFFLE

- 1 – 2 Step RF back, Recover onto LF
- 3 & 4 Step RF forward, Lock LF behind RF, Step RF forward
- 5 – 6 Step LF forward, Pivot 1/4 turn R step on RF
- 7 & 8 Cross LF over RF, Step RF to R, Cross LF over RF
- 1 – 2 右足後踏, 重心回左足
- 3 & 4 右足前踏, 左足交叉右足後, 右足前踏
- 5 – 6 左足前踏, 右轉1/4 右足踏
- 7 & 8 左足交叉右足前, 右足右踏, 左足交叉右足前

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Have Fun & Happy Dancing!

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