

# Factor AB

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Beginner / Improver  
編舞者: Daniel Whittaker (UK) - October 2014  
音樂: Think - Chris Anderson : (iTunes - 2:49)



**CELEBRATING 15 YEARS OF CHILL FACTOR:** The reason I called the dance 'FACTOR AB', is because 15 years ago when I was in a bar on a Spanish island called Majorca I came across the music and created the dance 'CHILL FACTOR' I still can not believe Chill Factor is nearly 15 years old and is danced everywhere around the world, I love it today as much as I did all that time ago, so thank you to all for dancing it with me!!! I hope you like this new dance.

**ANOTHER NOTE:** I have also created a Intermediate version of this dance called Factor 15, this is ideal so you can do a floor split

## [1-8] Heel splitz, Right heel, Left heel, right knee pop

- 1-2            Push both heels out, bring both heels in 12:00
- 3-4            Touch right heel forward, step beside left foot 12:00
- 5-6            Touch left heel forward, step beside right foot 12:00
- 7-8            Push right knee intowards left knee, push right knee out to right side 12:00

## [9-16] Right grapevine side step, side step with shimmys

- 1-4            Right to right side, cross left behind right, step right to right side, touch left beside right 12:00
- 5-8            Side step left to left side, touch right beside left, Side step right to right side, touch left beside right 12:00

**\*\* on side steps shimmy shoulders \*\***

## [17-24] Left grapevine ¼ turn left, shuffle R & L

- 1-4            Left to left side, cross right behind left, step left ¼ turn left, scuff right forward 09:00
- 5&6            Step right forward, close left to right, step right foot forward 09:00
- 7&8            Step left foot forward, close right to left, step left foot forward 09:00

## [25-32] Rocking chair, ½ turn jump, clap

- 1-2            Rock right forward, recover weight on left 09:00
- 3-4            Rock right foot back, recover weight on left 09:00
- 5-6            Step right forward, make ½ turn left 09:00
- &7-8           Little syncopated jump forward right, left, CLAP 09:00

**END OF DANCE**

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