

Give Me That Title

拍數: 32 牆數: 4 級數: Improver
編舞者: Sebastiaan Holtland (NL) - October 2014
音樂: Title - Meghan Trainor : (Album: Title 2014)



Start the 8 count dance intro at the words "Sweet Like Sugar" after 8 counts (06 Sec).

*8 count dance intro.

- 1-4 Step Rt fwd, turn ½ left (6) taking weight onto Lt, step Rt fwd, turn ½ left (12) taking weight onto Lt.
5-8 Cross Rt over Lt, step Lt back, step Rt to the right, touch Lt together Rt weight onto Rt.

-----MAIN DANCE-----

Sec 1: Fwd Coaster Step L, R Anchor Step, Sweep, ¼ Sailor Turn R, Fwd Kick, Out, Out.

- 1&2 Step Lt fwd, step Rt together Lt, step Lt back.
3&4 Locked Rt behind Lt take weight on Rt, recover on Lt, recover on Rt and sweep Lt from front to back.
5&6 Step Lt behind Rt, turn ¼ right (3) step Rt to the right, step Lt slightly fwd.
7&8 Kick Rt fwd, step Rt out to right, step Lt out to left.

Sec 2: Step Lock, Step, ½ L, Knee Lift L, Step Lock, Step, ¼ R, Knee Lift R, Step Lock, Step, ½ L, Knee Lift R, Step Lock, Step.

(Styling: During the lock steps using the hips).

- 1&2& Step Rt fwd, lock Lt behind Rt, step Rt fwd, turn ½ left (9) lift L knee up.
3&4& Step Lt fwd, lock Rt behind Lt, step Lt fwd, turn ¼ right (12) lift R knee up.
5&6& Step Rt fwd, lock Lt behind Rt, step Rt fwd, turn ½ left (6) lift L knee up.
7&8 Step Lt fwd, lock Rt behind Lt, step Lt fwd.

Sec 3: Side, Touch, Side Touch, Syncopated Half Rumba Box R, Back, R Low Kick Out, L Low Kick Out, L Sailor Step.

- 1&2& Step Rt to the right, touch Lt together Rt, step Lt to the left, touch Rt together Lt.
3&4 Step Rt to the right, step Lt next to Rt, step Rt slightly fwd.
5&6& Step Lt back, low kick Rt out to right diagonal, step Rt slightly back, low kick Lt out to left diagonal.
7&8 Step Lt behind Rt, step Rt to right, step Lt slightly fwd.

Sec 4: Fwd Rock, Recover, ¼ R, Side, Step Lock, Step, Walks Back R-L, ½ Triple R.

- 1&2 Rock Rt fwd, recover on Lt, turn ¼ right (9) step Rt to the right.
3&4 Step Lt fwd, lock Rt behind Lt, step Lt fwd.
5-6 Walk Rt back, walk Lt back.
7&8 Triple 1/2 right (3) step Rt slightly fwd, step Lt beside Rt step Rt slightly fwd.

Start Again and have fun! (No Tag & No Restarts).

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