

Dip, Dive, Socialize (週末社交) (zh)

COPPER KNOB
STYLEDANCE™

拍數: 32 牆數: 2 級數: Advanced
編舞者: Joey Warren (USA) & Debbie McLaughlin (UK) - 2010年10月
音樂: Saturday Night - Ozomatli : (CD: Street Signs)



前奏 : Count in: On Lyrics, 32 counts into song

- 第一段** **Ball Cross, Side, Together Cross ¼ ½, Rock Recover Back ½ Side Knee Pop**
併-交叉, 左大步, 併-交叉-1/4-1/2, 下沉-回復-後-左轉, 右踏 膝彈
- &1-2 Step L beside R, Cross R over L, Step L big step to L side (dragging R to L) 左足併踏, 右足於左足前交叉踏, 左足左大步(右足拖併)
- 3&4& Step R next to L, Cross L over R, make ¼ turn L stepping back on R, make ½ turn L stepping forward on L
右足併踏, 左足於右足前交叉踏, 左轉90度右足後踏, 左轉180度左足前踏
- 5&6& Rock forward onto R, Recover weight back onto L, Step back on R, make ½ turn L stepping forward on L
右足前下沉, 左足回復, 右足後踏, 左轉180度左足前踏
- 7&8 Step R to R side, Pop R knee in, Pop R knee out (shift weight onto L) 右足右踏, 右膝轉入, 右膝轉出(重心至左足)
- 第二段** **Rock & Turn, Step Lock Step, Turn Together Cross Side Heel In Heel In**
交叉曼波轉1/4, 前鎖步, 1/4剪刀-左, 轉左足踵, 轉右足踵
- 1&2 Cross rock R over L, Recover weight back onto L, make ¼ turn R taking big step forward on R
右足於左足前交叉下沉, 左足回復, 右轉90度右足前一大步
- 3&4 Step forward on L, Lock R behind L, Step forward on L
左足前踏, 右足於左足後鎖踏, 左足前踏
- &5&6 Make ¼ turn L stepping R to R side, Step L beside R, Cross R over L, Step L to L side
左轉90度右足右踏, 左足併踏, 右足於左足前交叉踏, 左足左踏
- &7&8 Swivel R heel in towards L, Swivel R heel back to place (taking weight), Swivel L heel in towards R, Swivel L heel back to place (taking weight)
右足踵轉向左, 右足踵轉回(重心在右足), 左足踵轉向右, 左足踵轉回(重心在左足)
- 第三段** **Together Side Together Forward, Rock Recover ½ & Lock Unwind & Point & Point 併-左-併-前, 曼波轉-前-鎖 繞轉圈-1/4交叉-點-收-點**
- &1&2 Step R beside L, Step L to L side, Step R beside L, Take big step forward on L 右足併踏, 左足左踏, 右足併踏, 左足前一大步
- 3&4 Rock forward onto R, Recover back onto L, Make ½ turn R stepping forward R 右足前下沉, 左足回復, 右轉180度右足前踏
- &5&6 Step forward on L, Lock R behind L, Unwind full turn R (end weight on L) 左足前踏, 右足於左足後鎖踏, 右繞轉圈(結束在左足)
- &7&8 Make ¼ turn R slightly crossing R over L, Touch L toe to L side, Step L beside R, Touch R toe to R side
右轉90度右足於左足前交叉踏, 左足左點, 左足併踏, 右足右點
- 第四段** **& Back Side Cross Slide Ball Cross, Side Behind Out Out Knee Pop**
併-側-併-交叉-右-拖-併-交叉, 左後, 大大 膝彈
- &1&2 Step R beside L, Step L to L side, Step R slightly back, Cross L over R 右足併踏, 左足左踏, 右足略後踏, 左足於右足前交叉踏
- &3&4 Take big step to R side on R, drag L to R (count 3), Step L beside R, Cross R over L 右足右一大步, 左足拖併, 左足併踏, 右足於左足前交叉踏
- 5-6 Step L to L side, Cross R behind L
左足左踏, 右足於左足後交叉踏
- &7&8 Step L to L side, Step R to R side, Pop R knee in, Pop R knee out (taking weight on R) 左足左踏, 右足右踏, 右膝向內彈, 右膝向外彈(重心在右足)

TAG: At The End Of The 7th Wall, Shift Your Weight Onto The Left Foot And Dance The Below Tag Four Times *
Make It Fun!*****

加拍：第七面牆結束後，重心至左足，跳下面加拍四次

Touch Front, Side, Front, Step Side, Touch Front, Side, Front, Touch
前點, 右點, 前點, 右踏, 前點, 左點, 前點, 左點

1-4 Touch R across front of L, Touch R to R side, Touch R across front of L, Step R to R side
右足於左足前交叉點, 右足右點, 右足於左足前交叉點, 右足右踏

5-8 Touch L across front of R, Touch L to L side, Touch L across front of R, Touch L to L side
左足於右足前交叉踏, 左足左點, 左足於右足前交叉點, 左足左點

Roll, 2, 3, Touch, Roll 2, 3, ½ Turn
左三步轉點, 右點, 右三步轉圈, 右轉

1-4 Make ¼ turn L stepping forward L, Make ½ turn L stepping back on R, Make ¼ turn L stepping L to L side,
Touch R to R side

左轉90度左足前踏, 左轉180度右足後踏, 左轉90度左足左踏, 右足右點

5-8 Make ¼ turn R stepping forward R, Make ½ turn R stepping back on L, Make ¼ turn R stepping R to R
side, Make ½ turn R stepping L to L side

右轉90度右足前踏, 右轉180度左足後踏, 右轉90度右足右踏, 右轉180度左足左踏

**After completing the above TAG four times, drop the '&' count at the start of the dance and cross R over L to start the
dance again.**

加拍總共跳四次後，省略一開始的&拍，接續第一段第1拍右足於左足前交叉踏起跳
