

I See Me

拍數: 40 牆數: 2 級數: Improver
編舞者: Tina Argyle (UK) - October 2014
音樂: I See Me - Travis Tritt : (Single - iTunes)



**** A thousand thanks again to Glen for recommending this track - it's amazing! ****

Count In : 16 counts from start of track

Step Fwd Sweep. Cross Side Behind with Sweep. Behind Side Cross Rock, Recover x2 . ¼ Turn x 2

- 1 Step forward left sweeping right leg anti - clockwise
2&3 Cross right over left, step left to left side, cross right behind left sweeping left leg anti - clockwise
4& Cross left behind right, step right to right side
RESTART - here on wall 3 facing 12 o'clock
5 Cross rock left over right
6&7 Recover weight onto right, step left to left side, cross rock right over left
8&1 Recover weight onto left, make ¼ turn right stepping fwd right, make ¼ turn right stepping left to left side

Sweeping right leg clock wise (6 o'clock)

Sailor Step. Behind Side Cross. Basic Nightclub Right Then Left.

- 2&3 Cross right behind left, rock left side, step right to right side
&4& Cross left behind right, step right to right side, cross left over right
5 6& Take extended step right to right side, rock left behind right, recover weight onto right
7 8& Take extended step left to left side, rock right behind left, recover weight onto left
***** Tag here on wall 6 (facing 6 o'clock) repeat basic nightclub - (1) Step to right side (2&) Rock straight back left, recover**

Rumba Box, Coaster, Side. Cross Rock, Side Rock, Sailor ¼ Turn Sway

- 1&2 Step right to right side, close left at side of right, step forward right
3& Step left to left side, close right at side of left
4&5 Step back left, Step back right, take extended step left to left facing left diagonal
6& Rock forward right, recover
7& Side rock right , recover
8&1 Make ¼ turn right crossing right behind left, step left to left side, step right to right side swaying hips to right side

Sway Rolling Full Turn Right. Sway, Sway, Rolling 1 ¼ Turn Left (rolling turns can be danced as vines)

- 2 Sway to the left transferring weight onto left
3&4 ¼ turn right stepping fwd right, ½ turn right stepping back left, ¼ turn right stepping right to right side
5-6 Step left to left side swaying to the left, sway to the right transferring weight onto right
7& ¼ turn left stepping fwd left, ½ turn left stepping back right
8& ½ turn left stepping forward left, step forward right

Switching Forward Rock Steps. Together Back, Coaster Step, Brush Left Lock Step

- 1 - 2 Rock forward left, recover
&3-4 Step left at side of right, rock forward right, recover
&5 Step right at side of left, take long step back left
6&7 Step back right, step left at side of right, step fwd right
& Brush left at side of right
8&1 Step forward left, lock right behind left, step fwd left to start dance again at count 1 with sweep

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