

Hard To Handle

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Sofia (NL) - October 2014
音樂: Hard To Handle - Otis Redding



Intro: start on vocals (Baby)

[1-8] □ R. stomp, kick, R. coasterstep, L. stomp, kick, L. coasterstep.

1 RF. stomp next to LF.
2 RF. kick forward
3 RF. step backward
& LF. next to RF.
4 RF. step forward
5 LF. stomp next to RF.
6 LF. kick forward
7 LF. step backward
& RF. next to LF.
8 LF. step forward

[9-16] step, 1/4 pivot left, cross, step back 2x, step aside, cross, heel swivels R.L.R. 1/4 turn left.

1 RF. step forward
2 LF. + RF. 1/4 turn left [9]
3 RF. cross over LF. (rotate your hands)
& LF. step back
4 RF. step back
5 LF. step aside
6 RF. cross over LF.
7 LF.+RF. heels to the right
& LF.+RF. heels to the left
8 LF.+RF. heels to the right 1/4 turn left [6]

[17-24] crossrock behind, step aside, crossrock behind, step aside, behind, side, cross, R.scissorstep.

1 LF. crossrock behind RF.
& weight back
2 LF. step aside
3 RF. crossrock behind LF.
& weight back
4 RF. step aside
5 LF. cross behind RF.
& RF. step aside
6 LF. cross over RF.
7 RF. step aside
& LF. next to RF.
8 RF. cross over LF.

[25-32] step aside, cross, point, L. lockstep, side rock cross 2x (traveling forward)

& LF. small step aside
1 RF. cross over LF.
2 LF. point aside
3 LF. step forward
& RF. lock behind LF.
4 LF. step forward

5 RF. rock aside
& weight back
6 RF. cross over LF.
7 LF. rock aside
& weight back
8 LF. cross over □ RF.

[33-40] R. heel ball step 1/8 turn right, R. heel ball cross 1/8 turn right, R. chasse 1/4 turn right, L. heel ball point.

1 RF. heel forward
& RF. next to LF.
2 LF. 1/8 turn right step forward
3 RF. heel forward
& RF. next to LF.
4 LF. 1/8 turn right cross over RF. [9]
5 RF. step aside
& LF. next to RF.
6 RF. 1/4 turn right step forward [12]
7 LF. heel forward
& LF. next to RF.
8 RF. point

[41-48] Jazz box, step forward, L.hitch, L.coasterstep.

1 RF. cross over LF.
2 LF. step backward
3 RF. step aside
4 LF. step forward
5 RF. step forward
6 LF. hitch
7 LF. step backward
& RF. next to LF.
8 LF. step forward

[49-56] □together, L. step, cross, step, R.heel ball cross, step aside, rock back, step aside, drag.

& RF. next to LF.
1 LF. step forward
2 RF. cross over LF.
& LF. small step aside
3 RF. heel diagonally forward
& RF. next to LF.
4 LF. cross over RF.
5 RF. step aside
6 LF. rock diagonally behind RF.
& weight back
7 LF. step aside
8 RF. drag (put your weight on RF. except when

you do the restart) ***

[57-64] L. sailorstep, heel swivels with 1/4 turn left, L. lockstep back, together, L. kick ball point.

1 LF. cross behind RF.
& RF. step aside
2 LF. step aside
3 LF.+ RF. heels to the left
4 LF.+ RF. heels to the right with 1/4 turn left [9]
5 LF. step backward

& RF. lock over LF.
6 LF. step backward
& RF.next to LF.
7 LF. kick forward
& LF. next to RF.
8 RF.point aside

Restart: first wall after count 56 ***

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