I Did It All

1-2

5&6

7-8

5-6

7&8

1-2 3&4

5&6

7&8

1-2

3-4

7-8

1&2

3&4

5-6

7&8

1-2

3-4

5-6

7-8

1-2

3-4

5-6

7-8

1&2

3-4



拍數: 64 牆數: 2 級數: Intermediate 編舞者: Nathan Gardiner (SCO) - October 2014 音樂: I Lived - OneRepublic Intro: 16 counts start on vocals SIDE, BEHIND, SIDE, CROSS, SIDE, SAILOR 1/4 LEFT, FULL TURN Step right to right side, Step left behind left &3-4 Step right to right side, Cross step left over right, Step right to right side Step left behind right, Turn 1/4 left stepping right to right side, Step left to left side Turn 1/2 left stepping back on right, Turn 1/2 left stepping forward on left DOROTHY STEP, DOROTHY STEP, ROCK FORWARD, RECOVER, 1/2 TURN SHUFFLE 1-2& Step right to right diagonal, Lock left behind right, Step right next to left 3-4& Step left to left daigonal, Lock right behind left, Step left next to right Rock forward on right, Recover on left 1/2 Turn shuffle right stepping Right, Left, Right FULL TURN, KICK & POINT, SAILOR STEP, SAILOR STEP Turn 1/2 right stepping back on left, Turn 1/2 right stepping forward on right Kick left foot forward, Step back in place, Point right toes out to right side Step right behind left, Step left to left side, Step right to right side Step left behind right, Step right to right side, Step left to left side STEP TURN, FULL TURN, ROCK FORWARD, RECOVER, & ROCK FORWARD, RECOVER Step forward on right, Turn 1/2 left Turn 1/2 left stepping back on right, Turn 1/2 left stepping forward on left 5-6& Rock forward on right, Recover on left, Step right next to left Rock forward on left, Recover on right SHUFFLE BACK, COASTER STEP, STEP 1/4 RIGHT, CROSS SHUFFLE Step back on left, Step right next to left, Step back on left Step back on right, Step left next to right, Step forward on right Step forward on left, Turn 1/4 right Cross step left over right, Step right to right side, Cross step left over right TURN 1/4 LEFT, TURN 1/4 LEFT, CROSS ROCK, RECOVER, STEP, TOUCH, STEP, TOUCH Turn 1/4 left stepping back on right, Turn 1/4 left stepping left to left side Cross rock right over left, Recover on left Step right to right side, Touch left next to right Step left to left side, Touch right next to left REVERSE ROCKING CHAIR, FULL TURN, ROCK BACK, RECOVER Rock back on right, Recover on left Rock forward on right, Recover on left Turn 1/2 right stepping forward on right, Turn 1/2 right stepping back on left Rock back on left, Recover on left

SHUFFLE FORWARD, ROCK FORWARD, RECOVER, 1/2 TURN SHUFFLE, STEP TURN

Rock forward on left, Recover on right

Step forward on right, Step left next to right, Step forward on right

5&6 1/2 Turn shuffle left stepping Left, Right, Left7-8 Step forward on right, Turn 1/2 left

Restarts:-

On walls 2 & 4 dance upto count 56 then Restart the dance On wall 6 dance upto count 48 then Restart the dance

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Start Again.....Happy Dancing