

# Make It Shake

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Phrased Advanced  
編舞者: Fred Whitehouse (IRE) & Darren Bailey (UK) - October 2014  
音樂: Make It Shake (feat. Machel Montano, Busta Rhymes, Olivia & Fatman Scoop) -  
Wonda Music Presents



Intro – 32 counts, from the rapping section.

Sequence – A,B, A,A, A,A, B,TAG, A,A, B,B

## Section A - 32 counts

### A1: Rock Recover X 3, Hop Back X2

1,2&      rock RF to R side, recover onto L, close RF next to L  
3,4&      rock LF to L side, recover onto R, close LF next to R  
5,6      rock RF forward, recover onto L  
7,8      hop back on RF x2

### A2: Step Hitch, Step Flick, Step Lock, Rock Recover

1,2      step LF back diagonal (7.30), hitch R knee up beside L knee  
3,4      touch RF to R side, flick RF behind L knee (still on diagonal)  
5,6      step RF forward (12.00) lock LF behind R popping R knee  
7,8      rock RF behind L popping L knee, recover weight onto LF

### A3: Dorothy Step, Chest Pop, ¼ Heel Grind, Heel Switch And Scuff

1,2      step RF forward to R diagonal, lock LF behind R  
&3&4      step RF to R side, step LF to L side, expand chest out, bring chest back in,(chest pop) keep weight on L  
5,6      cross R heel over LF, ¼ turn stepping LF back (face 3.00)  
&7&8      close RF next to L, touch L heel forward, close LF next R, scuff RF forward

### A4: Hop Kick X2, Jump Flick, Jump Lock, Hop X2

1,2      hop on LF kicking RF back, hop on LF kicking RF forward ( RF shouldn't touch floor)  
3,4      jump both feet shoulder width apart, hop RF toward L as you flick LF across R shin  
5,6      jump both feet shoulder width apart, jump both feet together as you lock LF behind R  
7,8      make ½ turn L with mini hop (unwind feet), make ½ turn L with mini hop (close both feet together) or choose easier option for the 8 counts above.

#### Easier option:

1-2&      Touch Rf back, Kick Rf forward, close Rf next to Lf  
3-4      Touch Lf to L side, Hitch L knee  
5-6      Touch Lf to L side, Lock Lf behind Rf  
7-8      Make a 1/2 turn L mini Hop (unwind feet), make a 1/2 turn L mini Hop (Feet closed)

face 3.00 start dance

## Section B - 32counts

### B1: Stomp, Hip Rolls X3, Hitch, Stomp, Hip Bumps X4

1-4      stomp RF to R side make full circles with hips anti clockwise x3, hitch L knee on count 4  
5-8      step LF to L side bumping hips to L x4 placing weight on L ( use shoulders to style movement)

### B2: Step Hitch Clap X2, Step Close X2

1,2      step RF back diagonal, hitch L knee and clap hands together  
3,4      step LF back diagonal, hitch R knee and clap hands together  
5,6      ¼ turn R stepping RF to R side, close LF next to R,

7,8            step RF to R side, close LF next to R

**Repeat First 16 Counts Again.**

**End of section B**

**TAG - Box Step With Body Rocks**

- 1&2            rock body back as you step RF to R side (raise ONE arm in the air), rock body forward, rock body back (weight should be on RF)
- 3&4            ¼ R stepping LF to L side rocking body back (raise both hands in the air), rock body forward, rock body back (weight should be on LF)
- 5&6            ¼ R stepping RF to R side rocking body back (raise ONE arm in the air), rock body forward, rock body back (weight should be on RF)
- 7&8            ¼ R stepping LF to L side rocking body back ( raise both arms in the air) rock body forward, rock body back (weight should end on LF)

**This Tag only happens once, the words JUMP JUMP are repeated several times.**

**Last Update – 27th Oct 2014**

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